

# Keeping safe in school



**During the current national lockdown, which started on 4 January, vulnerable children can continue to attend school.**

**Children with at least one parent or carer who is a critical worker can also attend, although Government guidance says that “parents and carers (who are critical workers) should keep their children at home if they can” (e.g. if one of them is working from home or furloughed).**

We know that some parents and carers have concerns about what this means. Because there will be fewer children in attendance, schools are able to carefully follow local and national public health guidance to ensure that all safety measures are in place to keep children and school staff safe.

Even with the new variant of COVID-19, children don't spread coronavirus more than adults. For most people – and especially children – if they do catch the virus, the symptoms will be mild.



Test and Trace



## Stay safe

**We all need to work together to make sure we keep our schools safe, so please remember to:**

- Keep washing your hands
- Socially distance where possible. Make school drop-off as quick as possible and do not linger at school gates
- Stay at home if you or your child (or someone you live with) have symptoms and get tested
- Ensure your child participates in school-based coronavirus testing for students (rapid testing for students without symptoms is currently running in secondary schools).

Tests can be booked online at: [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

Follow school instructions for the use of face coverings in indoor communal areas where social distancing cannot be safely managed.

## Keep healthy

Walk, cycle or scoot to school if you can, rather than taking public transport. If you do take public transport, wear a face covering.

Vaccinations protect you and your family from many other infectious diseases. Speak to your GP to make sure all your child's vaccinations are up-to-date.

Increasingly, testing will be used to screen children as they return to school. At the moment, secondary schools are being prioritised.

## Help and support is available

You can contact your school with any questions. You can also organise a private meeting with your School Nurse who can speak to you about any concerns you have. For example, if you are worried about older relatives who live with you.

For School Nurses, please email [camdenschoolnurses@nhs.net](mailto:camdenschoolnurses@nhs.net) or call **020 3317 2304**.

If you're worried about self-isolating for whatever reason, get in touch with Camden Council who can help you - visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) or call **020 7974 4444 (option 9)**.

# COVID SYMPTOMS? GET TESTED NOW.

[nhs.uk/coronavirus](https://nhs.uk/coronavirus) OR CALL 119

**Protect your  
friends and family**