

A Family Group Conference (FGC) is a meeting where families are in control of making plans and decisions about a child or adult.

'Family' includes the child or young person / adult concerned, parents, extended family, friends, and community who care about them.

An FGC is organised and run by an Independent Co-ordinator.



# What if I agree to take part in a Family Group Conference?

The FGC Co-ordinator provides information and facilitates conversation but does not make any decisions for the family.

At the FGC, the family write a plan of how to meet the needs of their child, young person, or adult.

## At the Family Group Conference

#### Part 1 - Information-giving

You get the information you need to make a family plan.

A professional, or whoever suggested the FGC, can explain why they are worried about your child or adult and tell you the sort of help that they can offer.

The family will have lots of chances to ask questions and be clear what happens next.

All professionals (information givers) will then leave the meeting.

#### Part 2 - Private family time

The family will be left alone to discuss their information without any workers.

The family will be able to make their plan together for their family. The co-ordinator and other information givers will stay in another room.

### Part 3 - Explaining your plan

Everyone will sit together again. The family will share their Family Plan with information givers.

The plan will be agreed, as long as what it says is needed and it is a safe plan for you and your family.

In Camden, we believe that the process must be well-matched to meet the needs of communities living and working in Camden.

Our FGC co-ordinators reflect the diversity within the borough so they can easily speak with and relate to our Camden residents.

## What did they say?

I felt respected. My voice is heard, and everyone worked together to create the plan for me! The co-ordinator organised everything for me, and I got the support that met my needs after the conference.

#### Contact us

Telephone: **020 7974 1051** Website: **camden.gov.uk/fgc** 

Email: familygroupconference@camden.gov.uk



