

Supporting you at the beginning of the school year



From September, schools and nurseries will safely reopen and we're really looking forward to welcoming back all our children. However, we know that some people have concerns about what this might mean.

Schools have been carefully following local and national public health advice to prepare for the return of all children and to ensure each school is safe.

Children don't spread coronavirus more than adults. For most people – and especially children – if they do catch the virus, the symptoms will be mild.



Stay safe

We all need to work together to make sure we keep our schools safe, so please remember to:

- Keep washing your hands
- Socially distance where possible, especially at the school entrance (your school will let you know what plans are in place)
- Stay at home if you or your child (or someone you live with) have symptoms and get tested
 - Tests can be booked online at: nhs.uk/coronavirus or by calling 119
 - You can also find information, help and advice about testing or test and trace at nhs.uk/coronavirus

Keep healthy

Walk, cycle or scoot to school if you can, rather than taking public transport. If you do take public transport, wear a face covering.

Vaccinations protect you and your family from many other infectious diseases. Speak to your GP to make sure all your child's vaccinations are up-to-date, especially if they are starting Reception.

Look out for the free annual flu vaccine – this is even more important this year. All children in primary school and Year 7s in secondary will get this at school.

Help and support is available

You can contact your school with any questions. You can also organise a private meeting with your School Nurse who can speak to you about any concerns you have. For example, you may be worried about the impact on older relatives who live with you, or have concerns if you are from a Black, Asian or Minority Ethnic group.

For School Nurses, please email camdenschoolnurses@nhs.net or call **020 3317 2304**.

If you're worried about self-isolating for whatever reason, get in touch with Camden Council who can help you – **020 7974 4444 (option 9)**.

Translated material is available from your school

COVID SYMPTOMS? GET TESTED NOW.

nhs.uk/coronavirus OR CALL 119