

Welcoming everyone back to nursery and childminders!



Since 20 July, nurseries and childminders have been able to open safely again and welcome back our children. However, we know that some people have concerns about what this might mean.

Nurseries and childminders have been carefully following local and national public health advice for the return of all children and to ensure each setting is safe.

Young children don't spread coronavirus more than adults. For most people – and especially children – if they do catch the virus, the symptoms will be mild.



Stay safe

We all need to work together to make sure we keep our nurseries, schools and childminders safe, so please remember to:

- Keep washing your hands
- Socially distance where possible, especially at the entrance to your child's school, nursery or childminder's home (they will let you know what plans are in place)
- Stay at home if you or your child (or someone you live with) have symptoms and get tested
 - Tests can be booked online at: nhs.uk/coronavirus or by calling 119
 - You can also find information, help and advice about testing or test and trace at nhs.uk/coronavirus

Keep healthy

Vaccinations protect you and your family from many other infectious diseases. Speak to your GP to make sure vaccinations for your child and all of your family are up-to-date.

Look out for the free annual flu vaccine – this is even more important this year. Children age two and three, and some adults will be offered this by their GP. Older children will get this at school.

Walk, cycle or scoot to nursery or childcare if you can, rather than taking public transport.

Help and support is available

You can contact your nursery or childminder with any questions. You can also have a discussion with your Health Visitor who can speak to you about any concerns you have. For example, you may be worried about the impact on older relatives who live with you, or have concerns if you are from a Black, Asian or Minority Ethnic group.

Contact: Camden Health Visiting Service

Telephone **020 3317 3032** or email camden.dutyhv@nhs.net

If you're worried about self-isolating for whatever reason, get in touch with Camden Council who can help you – **020 7974 4444 (option 9)**.

Translated material is available from your nursery

COVID SYMPTOMS? GET TESTED NOW.

nhs.uk/coronavirus OR CALL 119