

OT Occupational therapy

for adults with learning disabilities



NHS

 **Camden**

An OT (occupational therapist) can help you with things you do every day, like



- washing



- dressing



- housework



- cooking



- using transport



- going out



- working



- college

We can support you to...



- find things that you like doing



- learn how to do new things



- try different ways of doing things



- change your surroundings to help you do things



- decide what kind of support you need

We can see you at...



- your home



- your work



- your day service



- college

We can help...



- you



- your family, friends or carer



- your worker



Confidentiality

and your personal information

CLDS looks after your personal information very carefully



We follow the Government's rules about storing and sharing personal information



We only share your information with other people when

- the rules say we can
- or
- you have said we can
- or
- you or other people may be at risk of harm if we do not



You can find out more about how we use your personal information on the [CLDS website](https://www.camden.gov.uk/about-clds)

[camden.gov.uk/about-clds](https://www.camden.gov.uk/about-clds)



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