

Children's Centres are for all families in Camden. To find out more come and visit your local centre.



Advice and play activities to support your child's speech and language



Midwifery and health visiting services



Information and support about breastfeeding, baby feeding and healthy eating



Stay and play drop-ins and other activities for you and your child to enjoy together



Family support team — if you need extra help



One-to-one support if you are feeling low or anxious



Early education and childcare and childminders



Help to find training and employment and benefits advice



Local services for children with special educational needs and/or disabilities, visit [localoffer.camden.gov.uk](http://localoffer.camden.gov.uk)

- ♥ **1a Children's Centre**  
1a Rosebery Avenue EC1R 4SR  
**020 7974 7024**
- ♥ **Regent's Park Children's Centre**  
Augustus Street NW1 3TJ  
**020 7974 8934**
- ♥ **Harmood Children's Centre**  
1 Forge Place NW1 8DQ  
**020 7974 8961**
- ♥ **Agar Children's Centre**  
Lulworth, Wrotham Road NW1 9SU  
**020 7974 4789**
- ♥ **Kilburn Grange Children's Centre**  
1 Palmerston Road NW6 2JL  
**020 7974 5080**
- ♥ **Hampden Children's Centre**  
80 Polygon Road NW1 1HQ  
**020 7974 2841**
- ♥ **Rhyl Community School**  
Children's Centre  
196 Grafton Road  
NW5 4AX  
**020 7485 1947**
- ♥ **Konstam Children's Centre**  
75 Chester Road  
N19 5DH  
**020 7272 3594**

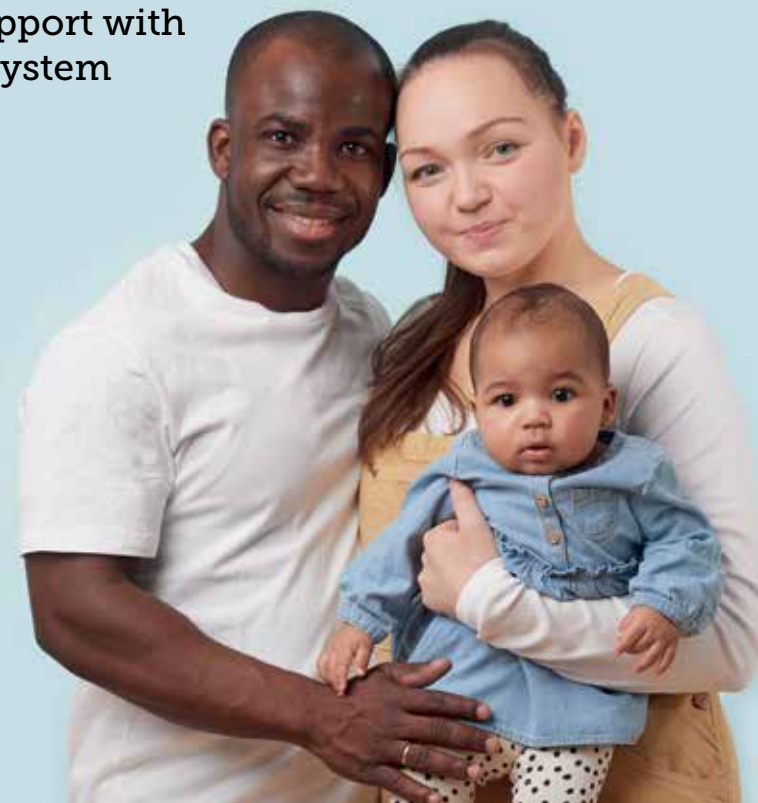
To refer please email [IEYSWelfareRights@Camden.gov.uk](mailto:IEYSWelfareRights@Camden.gov.uk) or contact your local Children's Centre.

Camden Creative Services 2022 1037.322

## Welfare Rights Team

Find out what you are entitled to

Help and support with the benefit system



## Are you a parent to be or a mum, dad, carer with a child under 5 years?

### Would you like information or advice about benefits?

#### Welfare Rights can help you:

- Understand the best benefits for you to claim
- Make a change of circumstance application
- Challenge or appeal a benefit decision



### Do you understand your current benefits and payments?

#### Welfare Rights can help you:

- Understand your current benefit situation and payments
- Advice about in-work payments
- Complete a better off calculation, find out if you are better off in work

### Do you have an illness, disability or health problem?

#### Welfare Rights can help you:

- Understand health and disability benefits
- Make a claim if your child has additional needs
- Claim carers benefits for looking after a child or relative

## We can help you with welfare benefits and advice

Are you **struggling** to pay your rent or bills? Have you been told your benefits will stop?

Are you **working** and need help with **childcare costs**?

Have you **recently lost your job** or been **made redundant**?

Are you **expecting a baby** or just had a baby?

We provide **benefit checks** to make sure you are better off financially in paid work.

We can help you **claim benefits** if you, your child or relative have an illness or disability.

**Your Journey. Our Support.**

