



Your journey. Our support.



# Becoming a dad or being a male carer may really change who you are and your lifestyle.

When dads and male carers spend time with their children, and know about children's development they...

- Have a closer bond with their child
- Talk and play more with their child
- Are more confident as a parent.

Children who grow up with warm, loving, and actively involved dads and male carers...

- Are happy and emotionally secure
- Care and empathise for others
- Do well in nursery and school
- Have better relationships as adults.

Families are not the same. Whether you live together or apart, all dads and male carers are welcome.



## Saturday mornings

10am–12 noon

Camden Children's Centres  
(Venues as listed)

Come and play, meet other dads and children and have fun together.

## Do you know?

Dads and children can swim free, for information and times contact [camdendads@camden.gov.uk](mailto:camdendads@camden.gov.uk)



## Camden Dads drop-in



**2nd July 2022** | 10am–12 noon  
Venue: Kilburn Grange CC  
**Stay & Play / Arts & Crafts**

**16th July 2022** | 10am–12 noon  
Venue: Hampden CC  
**Music & Play**

**30th July 2022** | 10am–12 noon  
Venue: Harmood CC  
**Cooking & Sensory Play**

**6th Aug 2022** | 10am  
Venue: **Post Museum**  
(booking required)

**13th Aug 2022** | 10am–12 noon  
Venue: Kilburn Grange CC  
**Messy Play**

**20th Aug 2022** | 10am–12 noon  
Venue: Hampden CC  
**Stay & Play / Arts & Crafts**

**10th Sept 2022** | 10am–12 noon  
Venue: Harmood CC  
**Music & Play**

**17th Sept 2022** | 11am–1pm  
Venue: Talacre Open Space  
Prince of Wales Road  
**Sports Day Activities**

**24th Sept 2022** | 10am–12 noon  
Venue: Kilburn Grange CC  
**Cooking & Sensory Play**

**8th Oct 2022** | 10am–12 noon  
Venue: Hampden CC  
**Messy Play**

**15th Oct 2022** | 10am  
Venue: **Kentish Town City Farm**  
(booking required)

**22nd Oct 2022** | 10am–12 noon  
Venue: Harmood CC  
**Stay & Play / Arts Crafts**

**5th Nov 2022** | 10am–12 noon  
Venue: Kilburn Grange CC  
**Music & Play**

**12th Nov 2022** | 10am  
Venue: **British Museum**  
(booking required)

**19th Nov 2022** | 10am–12 noon  
Venue: Hampden CC  
**Cooking & Sensory Play**

**3rd Dec 2022** | 10am–12 noon  
Venue: Harmood CC  
**Messy Play**

**17th Dec 2022** | 11am–2pm  
Venue: Kilburn Grange CC  
**Christmas Party**



## Find out more

### ICAN

Free advice and resources to help parents support their child's talking and understanding.  
[ican.org.uk](http://ican.org.uk)

### ICON

(Babies cry, you can cope).  
Information about babies crying and how to cope.  
Never, ever, shake a baby.  
[iconcope.org](http://iconcope.org)

### DAD.info

Helpful facts, support, parenting videos and parenting tips.  
[dad.info](http://dad.info)

Contact our Fathers Inclusion Lead to find out about children's centre services from pregnancy to age 5.  
[camdendads@camden.gov.uk](mailto:camdendads@camden.gov.uk)

Follow the QR code link, tell us what you think and how we can help:



### 1a Children's Centre

1a Rosebery Avenue EC1R 4SR  
**020 7974 7024**

### Regent's Park Children's Centre

Augustus Street NW1 3TJ  
**020 7974 8934**

### Harmood Children's Centre

1 Forge Place NW1 8DQ  
**020 7974 8961**

### Agar Children's Centre

Lulworth, Wrotham Road NW1 9SU  
**020 7974 4789**

### Kilburn Grange Children's Centre

1 Palmerston Road NW6 2JL  
**020 7974 5080**

### Hampden Children's Centre

80 Polygon Road NW1 1HQ  
**020 7974 2841**

### Rhyl Community School Children's Centre Grafton Road

196 Grafton Road NW5 4AX  
**020 7485 1947**

### Konstam Children's Centre

75 Chester Rd N19 5DH  
**020 7272 3594**