

Wellbeing Walks

The Association of Bloomsbury Squares and Gardens invites you on healthy, brisk walks around Bloomsbury with the expert Camden Guides. *

Just turn up on the day for a one hour circular walk.

Spaces limited - allocated on a first come, first served basis. Walks will go ahead in all weathers.

Free of charge.

Day	Date	Time	Start	Theme
Tue	15.03.22	12.00	Brunswick Square	Walk in the footsteps of Virginia Woolf and Vanessa Bell
Wed	23.03.22	12.00	Red Lion Square	Find out origins of the World War 2, 'Keep Calm and Carry on' slogan
Mon	28.03.22	11.00	Bedford Square	Find out how fish and chips inspired the first female cabinet minister
Sat	09.04.22	12.00	St George's Gardens	Visit 1970 London's biggest tourist attraction
Tue	12.04.22	11.00	Bloomsbury Square	Discover the History of UCL
Wed	20.04.22	12.30	Gordon Square (café)	Discover Fitzrovia's hidden gem
Sat	30.04.22	12.00	Red Lion Square	Fanny & Stella – the young men who shocked Victorian England
Wed	04.05.22	12.00	Marchmont Community Gardens	Girls finally start getting a proper education
Mon	09.05.22	11.00	Bedford Square	Meet the red-stockinged poet of Edwardian life, loss and nature
Thur	19.05.22	11.00	Red Lion Square	Visit an urban oasis with a gruesome past
Tue	24.05.22	11.00	Gordon Square (café)	Discover some unique medical history
Wed	01.06.22	12.30	Marchmont Community Gardens	A short walk to Cambridgeshire
Thur	09.06.22	11.00	Russell Square (fountains)	Discover the Church at the heart of the Italian Quarter
Sat	18.06.22	12.00	St George's Gardens	How bomb damage has made a residential street more beautiful
Mon	20.06.22	11.00	Russell Square (fountains)	Appreciate the work of Camden's pioneering women of social housing
Tue	28.06.22	11.00	Queen Square	A walk to meet reformers and social philanthropists
Wed	06.07.22	12.00	Red Lion Square	Girls finally start getting a proper education
Wed	13.07.22	12.30	Queen Square	Dickens, Donne and the Law (no dogs allowed today)

*Visit <https://bloomsburysquares.com/> for more information on the gardens.

Sessions are run on a volunteer basis by qualified Camden Guides, <https://camdenguides.com/>