

Christmas Activity Calendar 2019

ISLINGTON CHRISTMAS ACTIVITY CALENDER			
Day	Location	Activity	Time
Monday 23rd	Highbury Leisure Centre	Total Body Tone	12.00-13.00
Tuesday 24th	Archway Leisure Centre	Gym Session	09.00-10.00
Wednesday 25th	CLOSED		
Thursday 26th	CLOSED		
Friday 27th	Islington Tennis Centre	Gym Session	12.00-13.00
Saturday 28th	Sobell Leisure Centre	Gym Session	09.00-10.00
	Sobell Leisure Centre	Gym Session	11.30-12.30
Monday 30th	CLOSED		
Tuesday 31st	Archway Leisure Centre	Gym Session	09.00-10.00
Wednesday 1st	CLOSED		
CAMDEN CHRISTMAS ACTIVITY CALENDER			
Day	Location	Activity	Time
Monday 23rd	Kentish Town Sports Centre	Gym session	11.00-12.00
	Kentish Town Sports Centre	Flexibility	15.00-16.00
Tuesday 24th	Swiss Cottage Leisure Centre	Gym session (Ladies)	09.45-10.45
	Swiss Cottage Leisure Centre	Gym session	11.00-12.00
	Pancras Square Leisure	Water Aerobics	14.30-15.30
Wednesday 25th	CLOSED		
Thursday 26th	CLOSED		
Friday 27th	Pancras Square Leisure	Gym session	09.30-10.30
Saturday 28th	Swiss Cottage Leisure Centre	Gym session	11.30-12.30
Monday 30th	Kentish Town Sports Centre	Gym session	11.00-12.00
	Kentish Town Sports Centre	Flexibility	15.00-16.00
Tuesday 31st	Swiss Cottage Leisure Centre	Gym session (Ladies)	09.45-10.45
	Swiss Cottage Leisure Centre	Gym session	11.00-12.00
Wednesday 1st	CLOSED		

Should you require further information regarding the service over the Christmas period then please speak to the instructor at your sessions. Alternatively, you can call the team on 020 7974 1741 or email exercisereferral@camden.gov.uk