

hd psychology

for adults with learning disabilities



a psychologist can help you if you feel



- sad



- worried



- angry



- that someone has hurt you



- that someone is not looking after you properly



- that you need to talk to someone

we can help you to



- think about good and bad changes in your life



- think about your relationships



- think about your feelings

we can do this by



- talking with you on your own



- talking with you and your family or carer



- talking with you and your support worker

we can see you at



- 5 Pancras Square



- your day service



- home



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