



18 October
2023

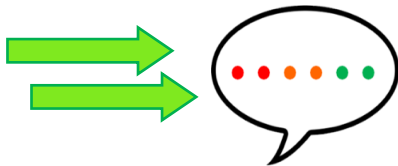


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Andrew** and **Stuart** welcomed everyone to the meeting



Actions and updates from the last meeting



The updates on actions presentation is on the [Planning Together website](#)



CLDS updates from the last meeting



- Andrew and Catherine gave an update about The Camden Society closing down



- They agreed that at some point we will thank the staff in person and celebrate the things they have done so well



- CLDS and Commissioners are working closely to make sure the move to the next provider goes smoothly



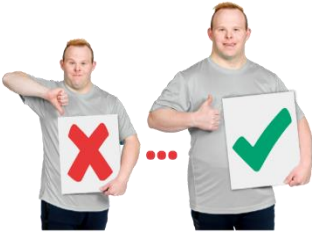
- We will work closely to help people understand what is happening and why – everyone will have an allocated social worker



- We will hold regular meetings and give updates



- We are not sure when we will have our **CQC inspection**



- If you have a visit or phone call from CLDS, we will call you afterwards to ask some questions about how it went – you don't have to take part, but your feedback will help us to make our service even better



- Catherine said we don't know what will happen with Choices – lots of people have questions and we can talk about these at the meeting on **20 November** at Greenwood

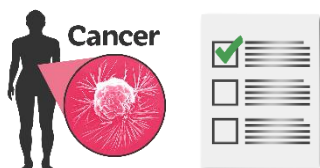


- The Choices building is owned by Camden, so any belongings stored there won't get lost



- It's **Breast Cancer Awareness month** – you can see the presentation from the Royal Free Hospital on the

[Planning Together website](#)



- CLDS and ILDP have been awarded money from the Royal Free Hospital to help people with LD go to their cancer screening appointments – for example bowel, cervical and breast screening



- Barnet Mencap invited staff to join online training about cancer screening - this is so everyone is aware of screening and more people go to their screening appointments



- Support workers get training to spot the signs of breast cancer – we have some good examples of where support workers have noticed the early signs of breast cancer



- People can self-refer through the hub when they are over **50**



- When people get a letter they will be given a number - if you are offered an appointment you can call and change the time to one that is better for you



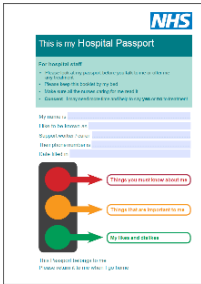
- We are working with North Central London Cancer Alliance to include screening checks in the Annual Health Check



- Lynette is not aware that prostate cancer can be passed on in the family - if you are having problems weeing you should go to your GP



- **Eilis Woodlock** is the new Health Facilitator - she is making her way around all the groups so people know who she is and what she does



- Eilis is mostly looking at **Annual Health Checks** and **Hospital Passports** so we can all work together for everyone to have better health



- We are looking at **obesity** rates across Camden - this is about people putting on too much weight



- We know people with LD can put on more weight and put weight on more quickly than other people



- This is worrying because if people are overweight there can be problems with other things like their heart, blood pressure and other things



- Camden have an obesity working group to think about how they can keep people well and healthy



- Lynette emailed all service providers to say we are worried about the increase in people with constipation



- We think this is linked to obesity, and people

→ not eating the right foods



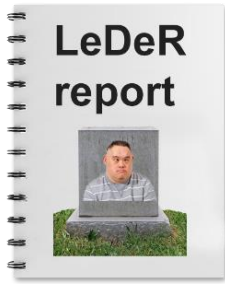
→ not having enough exercise



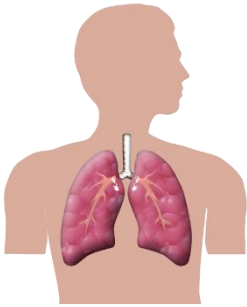
→ not drinking enough water



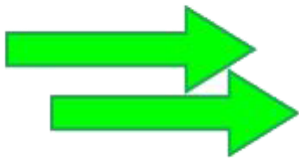
- Lynette has asked providers to meet to think what they are going to do about this



- The **LeDeR Mortality Review** records every time someone with LD dies, and they produce a report



- The report tells us the biggest cause of death for people with LD is breathing problems



★ Action

Lynette will come to Planning Together to tell us what the new LeDeR report says



Transport



Synergy shared feedback from people with LD and Camden Carers about transport – you can see their presentation on the



[Planning Together website](#)



Emma Stodart is the Welfare Rights Benefits specialist at CDA - they can help with



- applications for blue badges

- anything to do with benefits



- and they can represent people in court if their benefits are taken away



If you need help you can email them at advice@camdendisabilityaction.org.uk



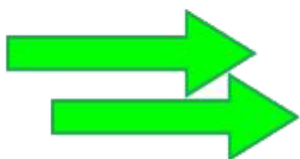
Or call their advice line on

020 38 33 11 25



Or **text** them on **075 43 57 27 93**

★ Action



Andrew to speak with Sam Pandya, Head of CATS service, to try and get the blue badge application made easier



Adult Social Care and CQC



You can see the presentation from Cynthia Davis on the [Planning Together website](#)



Catherine said one way of collecting feedback is our online easy read survey – it has questions about what people think about CLDS



You do not have to tell us your name



Not many people have filled out the survey so we are looking at other ways of getting feedback – maybe a phone call after someone from the team has visited would work

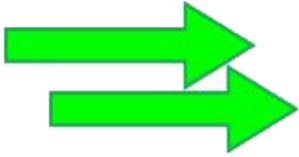


Cynthia is not planning a survey – she would like to know which people or groups to visit



Sandy said Synergy do a lot of work talking to people with LD and sharing what they find out

★ Action



Cynthia to contact Synergy about Adult Social Care equality and CQC



It was agreed feedback should not just be collected by an online survey – it should include group meetings and 1 to 1 meetings



Cynthia is not thinking about co-production but would like even more views than we have already collected



CQC are asking different questions and we need to find out more about these areas – when we find things out from engagement, we feedback to groups so it doesn't feel like nothing changes



Preparing for winter repairs



Jason told us why repairs were being talked about – there are many different landlords and no central hub for reporting repairs

Repairs in council properties



Scot Reid and Noel Curran gave presentations on repairs - you can see their presentations on the [Planning Together website](#)



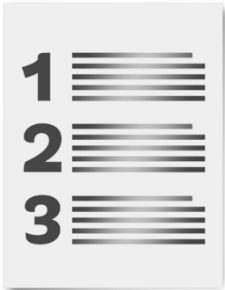
There are more calls about blocked sinks than any other repairs – if the block is outside, our repairs team will fix it



Some repairs are the tenant's responsibility, and your tenancy agreement will make this clear – it's things like changing a light bulb and blocked sinks



There are some jobs that can be done by support workers, if they were asked to help – for example, changing a light bulb



If you think someone should be on the enhanced repairs list, contact the Neighbourhood Housing Officer - they will put the tenant on the enhanced repairs register



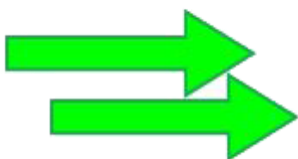
WISH Plus have a handyman service - they can help with things like fitting lights, blocked sinks and kitchen cupboard hinges



Having no hot water counts as an emergency - you don't need to be on the enhanced repairs register to get it sorted quickly



If you call in the morning you will most likely get an appointment in the afternoon



★ Action

Scot will arrange for Synergy to be part of the enhanced repairs consultation



Scot left a leaflet about damp and mould – they have a special team that deals with this problem



The Camden website has short videos showing you how to do different repairs – click on the link to go to the videos

[Camden Council home repair videos](#)

<https://www.camden.gov.uk/home-repair-videos>



There are lots of ways to report a repair including by WhatsApp, SMS and email



[Challenges with Repairs - Centre 404](#)



You can see the presentation from Danielle Jones on the

[Planning Together website](#)



Preparing for winter – cost of living



WISH Plus presented their video – to watch it click on the link below

WISH plus video

<https://vimeo.com/872918400>



You can refer yourself to WISH Plus



There can be a small fee depending on the job – when you make a referral it will be assessed by the handyman service



It's free for people aged over **65** or those with a long-term health condition or disability



They work with all residents including those in properties that are housing association, owner occupier or sheltered



Cost of Living Fund



You can see the presentation from Carly Halpin on the [Planning Together website](#)



The Council has limited money – basic checks are done to make sure the money goes to people who really need it



The service must get a person's permission to hold their information - they will remove personal information if a person asks them to remove it



The information is destroyed after **6** years



Terry from Unity Works said that Greenwood have a fantastic mental health choir – music can really help with your mental health



For more information email Leon at leon.honeysett@camden.gov.uk



Synergy

Synergy presented their video – to see it click on the link below

[Synergy employment video](#)

<https://youtu.be/0vC59hqHCHs>



Topics suggested for the next meeting



- Support services for people with LD & mental health concerns



- Bereavement - emotional and practical support



- The Big Plan



- Obesity and weight management

Any Other Business

Greenwood day service

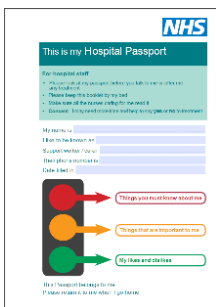


- An autistic art project leader and autistic day service user have won some money in an art competition – this was during Covid
- The Greenwood garden has won a Camden in Bloom award



The Big Plan

There will be work in 2024 to update The Big Plan – we will work together to renew the plan ready for 2025



Hospital Passports

There is a Hospital Passport drop in once a month at Greenwood - there is information on what the passport is and help to fill it in



Black History Season Community Health Day

During Black History Season there will be a community health day and we want as many people with LD as possible to come along – for information about the event click on the link below



Black history season community health day

<https://www.lovecamden.org/community-health-event-black-history-season>



Work Ready Coach

Leigh Grant is the new LD Work Ready Coach



Leigh supports people who are not quite ready to work yet and maybe work on some skills that are important for work – things like travel training, communication and time keeping



Sarah Barratt is the new Job Hub Advisor



Once people have finished working with Leigh and feel ready for the workplace, they will be supported by Sarah – she helps people get into work and to stay in work if they are happy there



Next Planning Together meeting

The next Planning Together meeting will be



on **Wednesday 10 January 2024**



at **10am**



The meeting will be at **Greenwood**