



3 May
2023

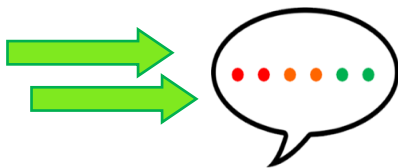


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Andrew** and **Sandy** welcomed everyone to the meeting



Actions and updates from the last meeting



The updates on actions presentation is on the [Planning Together website](#)



CLDS updates from the last meeting



We are waiting for a visit from the CQC (Care Quality Commission)





The CQC will look at certain areas of our service including

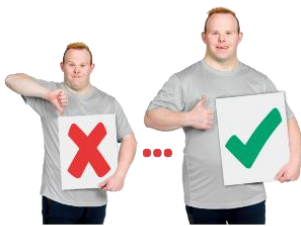
- transitioning from CYPD to CLDS



- the importance of having a named worker



- and the First Contact duty system



The CQC will look at these areas and point out the good things and where we can do better



There will be some new staff to support people with LD into work



A small care home is being set up in Camden for when people need an emergency place to go



We need to do this because Breakaway is being used for short placements and carers aren't getting a break if they need one



In the last year nearly every person with an LD and a Camden GP, has had an Annual Health Check



This is a big increase from the year before and Courtney Francis has worked very hard to make this happen



Next year Courtney wants to focus on making sure everyone has a proper Health Action Plan



CLDS annual report

We will share the CLDS Annual Report at the next PT meeting - the main priorities will be to



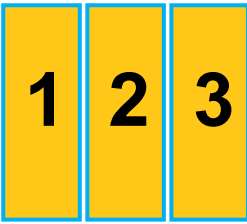
- make sure we deal with the cost of living crisis and let people know where they can get help



- carry on with Annual Health Checks and make sure people have good Health Action Plans



- see if all people get the same level of service – for example, do black people get a worse service than white people



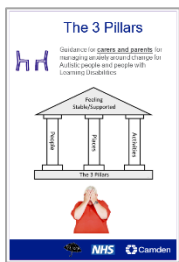
The 3 Pillars Model



You can see presentation and leaflet from Hannah on the [Planning Together website](#)



The 3 Pillars Model is a way of thinking about working with people with a LD



We looked at the leaflet from the psychology team – the leaflet is for people with a LD and people supporting them

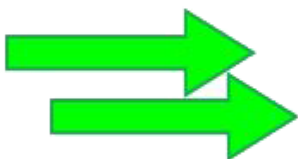


We were asked for feedback

- some people found the leaflet difficult to read
- some people found the stool pictures helped make things clear



★ Action



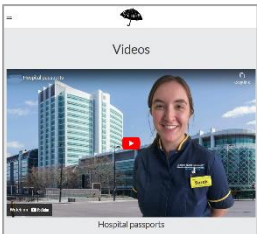
Hannah will meet with Synergy to talk about making the leaflet easier to read – a video would be a good idea



Hospital Passports



You can see presentation from Lynette on the [Planning Together website](#)



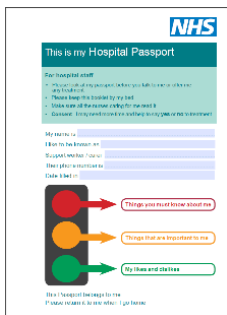
You can watch the hospital passport video on the CLDS website at cldsinfo.net/videos



or on Vimeo at [Hospital passports on Vimeo](#)



or on the CLDS wiki at [CLDS wiki - hospital passport](#)



You can download the hospital passport from cldsinfo.net/resources

It's important everyone in Camden uses the same form



The passport is for when you go to a planned hospital appointment or if you go to accident and emergency



It is important to have one - keep it updated if you go to the GP and things change



The passport we use is only for Camden - but we hope to work with NHS England on a national one



There is a list of people who can support you to fill out the passport in Lynette's presentation on the [Planning Together website](#)



If you don't have a hospital passport Courtney can come to group sessions to support people with filling them out



You can print your hospital passport or have it on your phone – or your support worker's phone



You can also send your passport to the LD liaison nurses and they will keep a copy



You can contact the LD liaison nurse at



- **Sarah Lally** at the Royal Free Hospital
079 03 22 50 52
020 77 94 05 00 (ask for extension 39517)
s.lally@nhs.net



- **Sarah Cope** at the UCL hospital
020 34 47 82 38
079 84 28 85 89
sarah.cope5@nhs.net



- **Ruth Wetherall** at The Whittington Hospital
020 72 88 53 58
078 76 14 52 98
ruth.wetherall@nhs.net



If you don't think staff are reading your passport speak to the LD liaison nurse – if the nurse is not there, speak to the Safeguarding Lead



A daisy symbol can be put on your headboard so staff know there is extra information to read



There are different types of passports – Camden are only using the Hospital Passport and the Health Action Plan



Hospital Passports can be used from age **14** - it would be good to remind people and school nurses



Family Members Reference Group

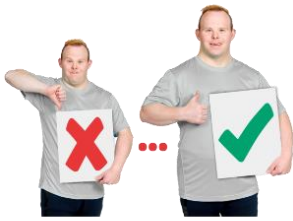
Katy from Camden Carers runs the Family Members Reference Group - this is a group of carers for people with LD and autism



Here are their updates

- they looked at groups that are not represented
- Jill let them know about Our Group Your Group – the group for parents with a LD





- they are looking at how to improve services, and working with social workers



- Melissa Shaw talked about the leadership programme at CDA



- Gillian talked about Making Carers Count and shared an easy read leaflet



- they are looking at Camden Carers and the information they put out - to make sure it is easy to understand



Making Carers Count



Anna Campbell is a Community Engagement Project Manager at Camden Carers



You can see Anna's presentation on the [Planning Together website](#)



We want to focus our support on carers not usually included - we looked at carers using our service and information about the people living in Camden



Some ethnic groups have a lot of residents in Camden but don't use our service much – these are people who are Chinese, Somali and Bengali



We think this group of people is where the greatest need is - we are trying to work with other groups and hope there will be benefits for several ethnic communities



We do things in Greenwood and online – we also run activities across Camden



We can email you a leaflet for the parents group – there is also an online video



Synergy Role play



Jill said they did a role play because some of the posters at Greenwood have lots of colours and white writing - people with LD can't read this



Small group discussion



The groups talked about

- how to make sure information is easy to understand
- how to get better at working with diverse groups
- things being done that matter and are open to people from minority groups





Comments included

- use things like Google – you can use the microphone or speaker and let it speak for you



- sometimes there are 2 versions of a document – information should be shared in the easiest way to understand way, so it is clear for people with LD and English as a second language



- wall posters should be clearer



- online links on posters and QR codes can be tricky - use videos instead of leaflets when possible

Visit camden.gov.uk/energysavingtips



- there could be a focus group of people with LD or autism that looks at posters or leaflets before they go out



- with the focus group they should think of what reason there is for taking part – it's not just about getting vouchers



- communication needs to work for everyone - the hub should be accessible to all



- Camden's Easier Info service can help and is free to anyone working in Camden Council



Topics for the next meeting



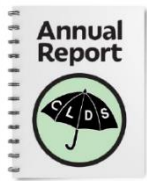
- Disability Oversight Panel



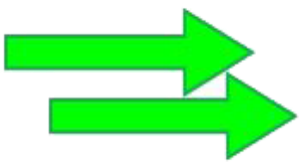
- Trauma Informed Care



- employment



- CLDS annual report



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Invite Jide to the next Disability Oversight Panel



AOB

Employment



We have **2** new staff to support people with LD into work – the **Work Ready Coach** and the **LD Job Advisor**



They will support people to

- develop skills



- increase confidence



- work towards their goals and dreams



- and make sure employers make any adjustments needed



The new Work Ready Coach will sit with CLDS and the Job Hub – they will start by looking at the people in the Living a Good Life group interested in working



Trauma informed care



Anwar talked about a way of working called **Trauma Informed Care**



Trauma is something that may happen to us like an accident or abuse



Sometimes it happens lots of times, like bullying



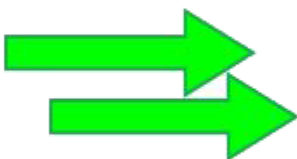
Trauma can affect your mental health and how you work with other people



We want to make our services better so bad things don't happen to you when you are with us



Anwar will come to the next meeting and talk a bit more about trauma



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Anwar to think about if we need an easy read leaflet on trauma



Disability Oversight Panel



Councillor Lorraine Revah talked about the Disability Oversight Panel - Lorraine chairs this meeting



Councillor Kemi Atolagbe is vice chair



They want Camden to be a more disabled friendly borough – they are starting with **4** Camden wards



They like to go out and about to talk to groups and service users - groups also come to Lorraine for support if they are finding things hard



They meet **3** times a year



Each meeting has a theme – Synergy attended the last one and they talked about transport



On the third **Tuesday** of each month Lorraine holds a surgery at **Greenwood** – anyone with a disability or their carer can make an appointment



Lorraine's surgery is from

1pm to 3pm



Lorraine and Kemi will come to the next meeting and talk more about the Disability Oversight Panel



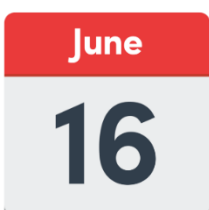
Active for All



The Active for All event is taking place at **Talacre** on **Saturday 27 May**



Healthfest



Healthfest is taking place at Greenwood on

Friday 16 June



Next Planning Together meeting

The next Planning Together meeting will be



on **Wednesday 12 July 2023**



at **10am**



The next meeting will be at **Greenwood**