



19 July
2023

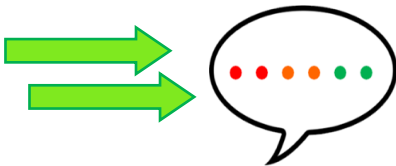


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Andrew** and **Musa** welcomed everyone to the meeting



Actions and updates from the last meeting



The updates on actions presentation is on the [Planning Together website](#)



CLDS updates from the last meeting



- Lynette Kennedy has been awarded the British Empire Medal in the King's Birthday Honours list



- 2 new social workers have started – **Simone** Van Sluytman and **Philip** Lee Thomas



- Courtney Francis, our Health Facilitator is leaving CLDS – we will let you know when a new person starts as Health Facilitator



- CLDS and Rethink Advocacy are running drop in sessions at Greenwood for anyone with questions about Hospital Passports – someone from CLDS will be there to help support you



- Over 200 people visited Healthfest this year – click on the link below to watch the video
[CLDS Healthfest video](#)

<https://vimeo.com/845837741>



Good Work Camden Job Hub



Ellie Campbell is the new Disability Job Hub Lead – you can see her presentation on the

[Planning Together website](#)



There is no fixed location for the Hub – they can meet with people in community spaces, 5 Pancras Square and at Greenwood



If you want to refer someone for support you can email Ellie at

eleanor.campbell@camden.gov.uk



For a link to the Job Hub registration form visit their Camden webpage at

[Good work Camden job hub](#)



There is no limit to the length of time we can work with someone to support them



We want more employers to join us and talk about supporting people to achieve as much as they can in the workplace – we already have some **6 month** work placements



We are running training for employers – we want to make sure that in job adverts they only put skills that people really need to do that job



We will look at things like using digital or video CVs – this could be a reasonable adjustment



We are carrying on with the work the old job service was doing - but we will have a **LD Job Coach** and a **Work Ready Coach** to support people



Employers will not get money for taking on people with Autism and LD – we are just starting to get people into work and want to be hands on with people at every step

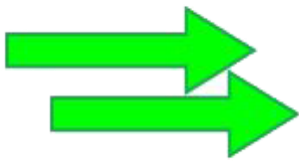


We are hoping to get some work placements with Camden Council



Our contracts with providers for people with LD, say what we want to happen about employing people with LD – Sarah Lui will make sure contracts ask providers to offer jobs to people with LD

★ Action



Sarah to speak to the Camden solicitor about work the Council do on **Social Value** - this is about getting more jobs for people with LD written into future contracts



Synergy



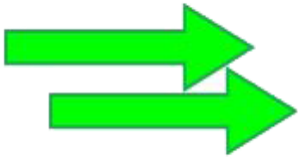
Synergy presented their video – to see it click on the link below

[Synergy employment video](#)

<https://youtu.be/0vC59hqHCHs>



Synergy spoke to lots of people with all types of LD to get their views – they wanted to go to the Alexandra Centre but couldn't get in touch with anyone there



★ Action

Lynette to email the Alexandra Centre and put them in touch with Jason



Some members said support with a job was good at the beginning but that it tailed off – if the support had carried on they might still be working



Good Work Camden will think about support for the whole time someone is in a job – this can be a goal for us



It's good to think about support to keep jobs as a system - Good Work Camden, CLDS, Unity Works and Living a Good Life all work together to make sure people get the right support to keep their jobs



The Care Act says a lot about the importance of work and supporting people in work – we need to think about what we are doing to support people to keep jobs



Trauma Informed Care



Leah and Amani talked about **Trauma Informed Care** – you can see their presentation on the [Planning Together website](#)



Trauma is something that may happen to us like losing something or someone - it can be a really bad experience



We want people to know they can share things with us and that we will listen - building trust helps people to feel safe to talk about bad things that have happened to them



There are lots of staff in CLDS - if someone isn't comfortable talking with one person they can go to another person for support



If you are already under the care of CLDS you can refer yourself to psychology - or you can ask your GP or someone in the CLDS team to do this for you



You can call us on

020 79 74 37 37

(Ask to speak to someone in the psychology team)



or email us at

CLDS@camden.gov.uk



Having something like a cervical smear or an injection can be traumatic – these things can be uncomfortable or painful, so it's about what we can do to make it less bad for people



By talking about things people will hopefully feel braver and more confident – they will know it's safe and ok to talk about things if they want to



People have to move on even if they still feel sad about something bad happening – we want people to know it is ok to feel like that and that we are there to support them



CLDS are thinking about places being more **trauma informed** – things like making rooms feel safer and more comfortable



We try to give people choice of where to be seen – maybe at home, walking and talking, or in a community space if it is private enough



We now have a CLDS safe space at 5 Pancras Square – Synergy will help us design the room so it feels as safe and comfortable as possible



CLDS Annual Report



There is an easy read and full version of the annual report on the

[Planning Together website](#)



You can watch a video of the annual report by clicking on the link below

[CLDS Annual Report](#)

<https://vimeo.com/840764872>



Courtney has done a lot of work on the Annual Health Check – he explained why people also need a Health Action Plan



A Health Action Plan has information on all your health goals and how they can be reached – most GPs are not filling them out



GPs should complete a Health Action Plan after your Annual Health Check – you can ask them to do this



There is a Health Action Plan template that the GP should already have – you can contact CLDS if you want a copy



We are thinking of ways to support GPs to fill out these - the new health facilitator will do this



The Health Action Plan lists the problem, how it will be managed and by whom - if the GP says your blood pressure is too high they may say change your diet and do more exercise



We want to see all health checks done face to face



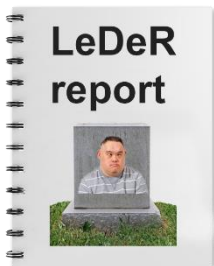
Let us know if you haven't had an Annual Health Check and we can ask your GP why it hasn't happened



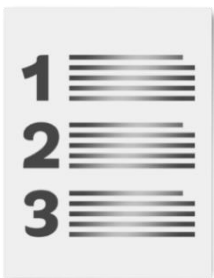
GPs don't have to do Annual Health Checks, but they get paid for doing them and it is a good thing to do



Commissioners will also write to the GP about how well or bad they are doing and remind them how much money they can make



The **LeDeR Mortality Review** records every time someone with a LD dies – it looks at the care the person had



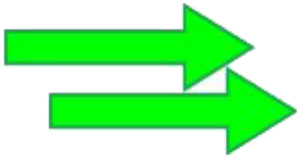
The LeDeR Mortality Review lists the things GPs need to do better - doing the Annual Health Check is always one of those things



There are no updates on the new care home – it is an idea in its early stages

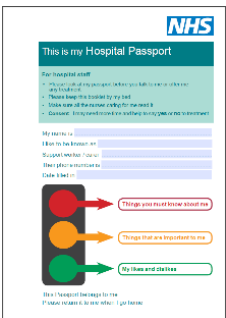


The amount of disability related expenses you can claim has changed – we will ask someone from the team in charge of this to explain the changes to us

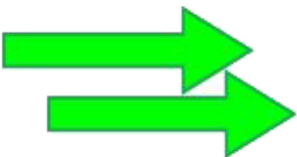


★ Action

Ask David Kinloch from the Awards and Contributions team to explain the changes to us at Planning Together



It would be good to know how many people have a Hospital Passport – it could be something that gets recorded on our computer system



★ Action

Lynette to see if we can add a tick box to our computer system - to show if people who have care packages have a Hospital Passport



It's always helpful to have a Hospital Passport – then you will have it in case there is an emergency



CLDS have an information sheet that lists all the support available with the cost of living crisis



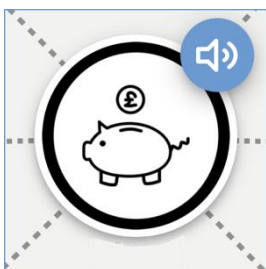
If you want a copy of the information sheet or if you have any worries about the cost of living crisis, contact CLDS who will point you in the right direction



You can call CLDS on
020 79 74 37 37



Or email
CLDS@camden.gov.uk



There is lots of useful information on our cost of living wiki – to view it click on the link below

[The cost of living wiki](https://rixwiki.org/camden)

rixwiki.org/camden



The Advocacy Project are running drop-in sessions at Greenwood where you can get help and advice about the cost of living crisis



Disability Oversight Panel



You can see the presentation from Councillor Kemi Atolagbe on the [Planning Together website](#)



Topics suggested for the next meeting



- CDA on transport and accessibility



- repairs



- The Big Plan 2025 needs updating



- a bigger session on employment



- winter bills and the cost of living

Any Other Business



Universal Credit

The Camden welfare benefits team gave advice on the move from some benefits to Universal Credit



- **Managed Migration** is when people on some benefits will move to Universal Credit – the move has already started in this area



- If you need to move to Universal Credit you will get a letter called **Universal Credit Migration Notice** - it will give the closing date by which to apply

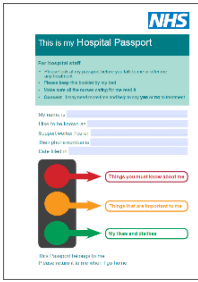


- People can claim Universal Credit whenever they want – it's really important to get advice before claiming because you could be worse off



- For help or advice contact click on the link below [Camden Advice Network - Camden Council](#)

Rethink Advocacy drop-in



At this advocacy drop-in you can also speak to a CLDS nurse about Hospital Passports



The next session is from
2pm to 4pm



Tuesday 19 September 2023



at **The Greenwood Centre**



After this they will be hold a drop in on the **third Tuesday** of every month - you will find an easy read poster with all the dates on the [Planning Together website](#)



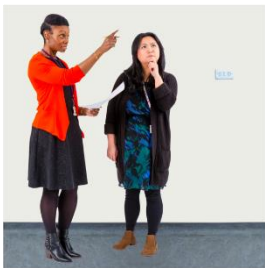
Councillor Lorraine Revah holds a surgery for people with a disability and older people - details are in the Disability Oversight presentation



Supported Living feedback



Sarah Lui had a meeting with parents in one of the Supported Living houses – they told her about some of the problems there



The parents want to be more involved in how we check the quality of services - they want feedback and updates every **3** months



Sarah wants to involve parents more – if you have any ideas or feedback you can email Sarah at sarah.lui@camden.org.uk



There is an online survey where you can give feedback about what is good and bad about supported living – click on the link

[CLDS supported living feedback](#)

or scan the QR code below





Next Planning Together meeting

The next Planning Together meeting will be



on **Wednesday 18 October 2023**



at **10am**



The next meeting will be at **Greenwood**