



**Royal Free London**  
NHS Foundation Trust

# Breast Screening

# Breast awareness



Anyone can get breast cancer, so everyone should think about breast awareness



TLC- Touch, Look, Check



Try to check your breasts about once a month



Tell your GP if you notice anything different

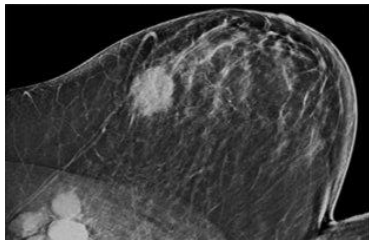
# Screening



Women aged **50** to **71** are invited every **3** years - the first invite will arrive before they are **53**



Women over **71** can self-refer by calling the Hub



Breast screening involves a mammogram (a type of x-ray)  
It helps to find breast cancers sooner



Most women have a normal result

# Reasonable adjustments



We will offer you a longer appointment



You can have information in easy read



You can bring your hospital passport



You can ask for a pre-visit to look around before your appointment



You can bring a friend or support worker with you

# Working together



Ask us to attend events for people with learning disabilities and their carers



Make sure people are aware of reasonable adjustments and how to ask for them



Use our resource packs to find information for waiting areas and websites

# Any Questions?



# Feedback form

