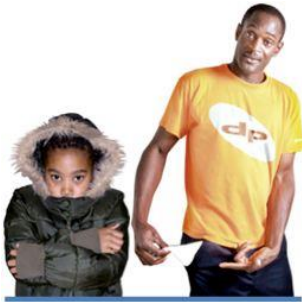




# Cost of living payments



The cost of things like food, gas and electricity is going up quickly



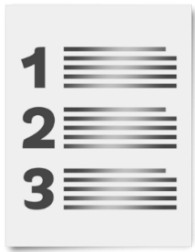
Wages and benefits are not going up as quickly – it is getting harder for us to pay for the things we need



From July some people will get a **cost of living payment** from the government – these payments will help with things like your food, gas and electricity at home



You will get these payments if you receive some benefits or tax credits



## There are 3 different cost of living payments



1

The **main cost of living payment** is for people on low incomes



- the payment is **£650** and will be paid in **2** parts



**£326**

- the **first** part is **£326** and will be paid into bank accounts from **July**



**£324**

- the **second** part is **£324** and will be paid into bank accounts in the autumn



- the money will go into the same account your benefits are paid into with the reference **DWP Cost of Living**



2

The **disability cost of living payment** is for people on disability benefits



**£150**

- it is one payment of **£150**



- the money will go into bank accounts in September



3

The **pensioner cost of living payment** is for people who get the winter fuel payment



**£300**

- it is one payment of **£300**



- the money will go into bank accounts in November and December