

# Wellbeing Walks

The Association of Bloomsbury Squares and Gardens invites you on healthy, brisk walks around Bloomsbury with the expert Camden Guides. \*

Just turn up on the day for a one hour circular walk.

Spaces limited - allocated on a first come, first served basis. Walks will go ahead in all weathers.

**Free of charge.**

Day	Date	Time	Start	Theme
Monday	18.07.22	11:00	Red Lion Square	Meet the Pope of Russell Square and his cats
Tuesday	26.07.22	11:00	Marchmont Community Gardens	From dust heaps to gardens
Wednesday	03.08.22	11:00	Mecklenburgh Square	To the shops with a Georgian Queen and other ladies
Monday	08.08.22	2:30	St George's Gardens	In pursuit of Peace and Friendship
Tuesday	16.08.22	12:00	Tavistock Square	Votes for Women - Emmeline Pankhurst
Wednesday	24.08.22	12:30	Russell Square (fountains)	Discover Fitzrovia's hidden gem
Thursday	01.09.22	2:00	Bedford Square	Hear the inspiring story of an extraordinary Victorian woman of colour
Monday	05.09.22	2:30	Russell Square (fountains)	Hear about overflowing burial grounds
Monday	12.09.22	2:30	Bloomsbury Square	Hear about the pioneers who improved the wellbeing of children
Thursday	22.09.22	12:00	Tavistock Square	Votes for Women - Christobel Pankhurst
Monday	26.09.22	11:00	Mecklenburgh Square	A Foreign Queen and a 'Father of Reform'
Friday	07.10.22	11:00	Gordon Square (café)	Learn about Amelia Edwards and the Egypt Exploration Society
Monday	10.10.22	12:00	Red Lion Square	A Sainly Nun, strawberries and a hidden cherry tree
Tuesday	18.10.22	12:00	Russell Square (fountains)	A walk encompassing tragedy and comedy
Monday	24.10.22	2:30	Brunswick Square	Women spies in WW2
Monday	31.10.22	2:30	St George's Gardens	Hear about the pioneers who improved the wellbeing of children
Thursday	10.11.22	11:00	Bedford Square	Visit the home of the crime fiction writer Dorothy L Sayers
Saturday	19.11.22	12:00	Queen Square	Visit two Islington Squares with a surprising ownership
Thursday	24.11.22	2:00	Bedford Square	Hear about the great manure crisis of 1894
Saturday	03.12.22	12:00	Marchmont Community Gardens	Visit a site of Georgian industry and transport

\*Visit <https://bloomsburysquares.com/> for more information on the gardens.  
Sessions are run on a volunteer basis by qualified Camden Guides, <https://camdenguides.com/>