

January to  
March 2020



# Community Learning in Camden



[camden.gov.uk/adultlearning](https://camden.gov.uk/adultlearning)



[adultlearning@camden.gov.uk](mailto:adultlearning@camden.gov.uk)



[wearecamdenacl](https://www.instagram.com/wearecamdenacl)



020 7974 2148

Delivered by Camden adult community learning



## Welcome to **CLiC** – our **Community Learning in Camden** brochure

You'll be amazed at the variety of adult learning courses in community learning centres across the borough. All courses are for adults aged 19+ and give priority to Camden residents. Some classes are for particular groups and are clearly marked in the brochure, for example, for older people, parents and carers or people with learning disabilities. You'll see that some classes have a free crèche – subject to demand.

Courses are grouped in the brochure under the following headings:

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<b>Family learning</b>	<b>Page 15</b>
<b>Work and Life skills</b>	<b>Page 16</b>
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Our classes are informal. You will learn at your own pace, supported by tutors experienced in teaching adult learners. When you start the course, your tutor will discuss with you what you want to get out of the class and will work with you to make sure that your programme meets your needs.

If you want to find out more about a particular course, contact the centre where it's being run - details are provided on page 19. Or call the **Camden Adult Community Learning Team on 020 7974 2148** or email: [adultlearning@camden.gov.uk](mailto:adultlearning@camden.gov.uk)

Come along to one of our **Information and Enrolment days** and talk to us about what you're interested in learning. We'll help you find the right course for you.

## Information and Enrolment Days for spring term 2020

Learning centre	Information and Enrolment Day
<p><b>Richard Cobden Learning Centre</b> Camden Street, NW1 0LJ 020 7974 2148</p> <p><b>Adult Learning Centre, Netley Campus</b> 72-76 Stanhope Street, NW1 3EX 020 7974 2148</p>	<p>Tuesday 7 January 9am - 4pm</p> <p>Wednesday 8 January 9am – 4pm</p> <p>Thursday 9 January 9am-2pm</p>
<p><b>Sidings Community Centre</b> 150, Brasseley Road, NW6 2BA 020 7625 6260</p>	<p>Wednesday 8 January 10am – 3pm</p>
<p><b>Training Link</b> 54-56 Phoenix Rd, NW1 1ES 020 7383 5405</p>	<p>Thursday 9 January 11am - 7pm</p>
<p><b>All other centres</b></p>	<p>Enrol at beginning of first class</p>

### Eligibility

You can join classes if you:

- are a:
  - UK or EU citizen
  - citizen of the European Economic Area (EEA)
- have been resident in the UK, EU or EEA for at least the previous 3 years
- have certain types of immigration status
- meet the eligibility requirements for family members

Phone or email us if you need more information.

### Half term dates

**17 – 21 February 2020**

*(Please note that classes will not run during half term)*

## If you prefer to learn informally, you could:

- Join a conversation group to practise speaking English:

Where	When	Starts	Ends
<b>Swiss Cottage Library</b>	Thu 6pm – 8pm	23/01/20	26/03/20

- Join a computer skills workshop. Look for jobs, write your CV, send emails or practise your skills. A tutor is there to support you. Come any week for as long as you need:

Where	When	Starts	Ends
<b>Kentish Town Library</b>	Mon 1pm – 3pm	25/02/20	23/03/20
<b>Adult Learning Centre, Netley Campus</b>	Tue 1pm – 3pm	14/01/20	24/03/20
<b>Conway House</b>	Tue 1.15pm – 3.15pm	14/01/20	24/03/20
<b>Sidings Community Centre</b>	Tue 7pm – 9pm	14/01/20	24/03/20
<b>Greenwood Centre</b>	Wed 10am – 12pm	15/01/20	25/03/20
<b>SHELL</b>	Wed 10am – 12pm	15/01/20	25/03/20
<b>Queen's Crescent Library</b>	Wed 11am – 2pm	15/01/20	25/03/20
<b>Sidings Community Centre</b>	Thu 10am – 12pm	16/01/20	26/03/20
<b>Sidings Community Centre</b>	Thu 1pm – 3pm	16/01/20	26/03/20
<b>Hopscotch</b>	Fri 10am – 12pm	17/01/20	27/03/20
<b>SHELL</b>	Fri 10am – 12pm	17/01/20	27/03/20
<b>Sidings Community Centre</b>	Fri 10am – 12pm	17/01/20	27/03/20

- Other drop-in workshops that you can also join:

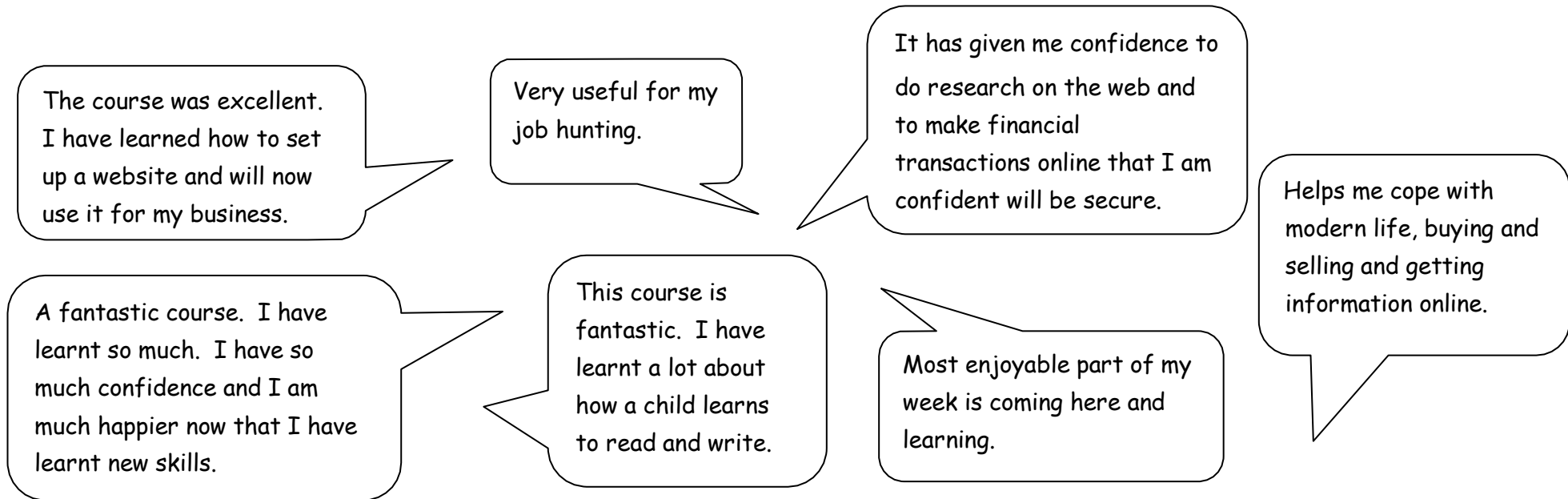
Course name	Where	When	Starts	Ends
<b>Gadget Clinic</b>	Pancras Square Library	Mon 1pm – 3pm	13/01/20	10/02/20
<b>Gadget Clinic</b>	Queen's Crescent Library	Wed 2pm – 3pm	15/01/20	25/03/20
<b>Improve your Office skills for work</b>	West Euston Partnership	Thu 10am – 12pm	16/01/20	26/03/20
<b>Improve your Office skills for work</b>	West Euston Partnership	Thu 1pm – 3pm	16/01/20	26/03/20

Or, perhaps you're interested in supporting adult community learning as a volunteer?

### Want to find out more?

Call the Camden Adult Community Learning team on 020 7974 2148 or email: [adultlearning@camden.gov.uk](mailto:adultlearning@camden.gov.uk)

## These are some of the things past learners have said...



..... What will you say after attending one of our courses?

***Best wishes from the Camden Adult Community Learning team***

# Computers, tablets and phones

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## IT skills you need to get work

Learn how to create a CV, write a cover letter, search for and apply online for jobs, bank online and budget using Excel.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Thu	10:00	12:00	16/01/2020	26/03/2020	Crèche

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## Computer skills for Universal Credit

Learn what you need to apply for and maintain your Universal Credit account and other benefits. Book through your job coach.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>JobCentrePlus, Kentish Town</b>	Mon	10:00	12:00	13/01/2020	23/03/2020	Unemployed
<b>JobCentrePlus, Kentish Town</b>	Wed	14:00	16:00	15/01/2020	25/03/2020	Unemployed

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## Computer skills workshop

Need to know how to do something on the computer? Apply for Universal Credit, search the internet, keep safe, update to Windows 10, write a CV, set up an email, use spreadsheets... You can learn what you need to know. Come as many times as you want.

<b>Venue</b>	<b>Day</b>	<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>	<b>Additional info</b>
<b>Adult Learning Centre, Netley Campus</b>	Tue	13:00	15:00	14/01/2020	24/03/2020	
<b>Conway House</b>	Tue	13:15	15:15	14/01/2020	24/03/2020	
<b>Greenwood Centre</b>	Wed	10:00	12:00		25/03/2020	
<b>Hopscotch</b>	Fri	10:00	12:00	17/01/2020	27/03/2020	
<b>Kentish Town Library</b>	Mon	13:00	15:00	25/02/2019	23/03/2020	
<b>Queen's Crescent Library</b>	Wed	11:00	13:00	15/01/2019	25/03/2020	
<b>SHELL</b>	Wed	10:00	12:00	15/01/2020	25/03/2020	
<b>SHELL</b>	Fri	10:00	12:00	17/01/2020	27/03/2020	
<b>Sidings Community Centre</b>	Tue	19:00	21:00	14/01/2020	24/03/2020	
<b>Sidings Community Centre</b>	Thu	10:00	12:00	16/01/2020	26/03/2020	Over 50
<b>Sidings Community Centre</b>	Thu	13:00	15:00	16/01/2020	26/03/2020	
<b>Sidings Community Centre</b>	Fri	10:00	12:00	17/01/2020	27/03/2020	

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## Computing for beginners

Afraid of computers? Want to look for things on the internet? This course covers all the basics of using a computer confidently and safely.

<b>Venue</b>	<b>Day</b>	<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>	<b>Additional info</b>
<b>Abbey Community Centre</b>	Tue	10:00	12:00	14/01/2020	24/03/2020	

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## Computing with ESOL E2 and above

Become more confident on the computer and learn English at the same time. Search the internet, save and find files, know how to keep safe online and more. You need to be able to do a simple internet search and have E2 or above English.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Richard Cobden Learning Centre</b>	Wed	13:00	15:00	15/01/2020	25/03/2020	Crèche

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## Create a website using WIX

Need a website to promote your business, blog to your audience, promote your art? Learn how to set up a website using the free online software Wix. You need to have an active email address.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Training Link</b>	Wed	16:00	18:00	15/01/2020	25/03/2020	

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## Create animations using Scratch

Make some great short animations with visuals and sound. Keep your mind active. Play and have fun. Or get started on a career in coding. You need to have an active email account.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Kilburn Library</b>	Thu	10:15	12:15	16/01/2020	26/03/2020	
<b>Richard Cobden Learning Centre</b>	Fri	10:00	12:00	17/01/2020	27/03/2020	

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## Creative things to do with your photos

Do you take a lot of photos? Learn how to organise, make a video, print on T shirts and pillow cases, make cards and books and more. You need to be able to use the mouse and keyboard.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Tue	10:00	12:00	14/01/2020	24/03/2020	Crèche



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## Do more on your iPad or iPhone

Discover more things you can do: edit images, play videos and use many more free Apps. You need to be able to do basic things on the iPad or iPhone.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Conway House	Tue	16:00	18:00	14/01/2020	24/03/2020	

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## Do more on your tablet or smartphone

Discover more things you can do: edit iamges, play videos and use many more free Apps. You need to be able to do basic things on a tablet or smart phone.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Richard Cobden Learning Centre	Fri	13:00	15:00	17/01/2020	27/03/2020	

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## Gadget Clinic

Struggling with your phone, tablet, laptop or digital camera? Bring it in and learn how to use it. Or update skills to latest software. This session is not about mending hardware.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Pancras Square Library	Mon	13:00	15:00	13/01/2020	10/02/2020	
Queen's Crescent Library	Wed	13:30	15:30	15/01/2020	25/03/2020	

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## Get to know the keyboard and practise typing

Learn more about the keyboard and improve your typing skills You need to be able to use the mouse.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Training Link	Wed	10:00	12:00	15/01/2020	12/02/2020	

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## Improve your Office skills for work

Learn Office skills or update existing skills in Word, Excel or Powerpoint. Create and manage an email account. You can learn what you need to use. Come as many times as you want.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>West Euston Partnership</b>	Thu	10:00	12:00	16/01/2020	26/03/2020	
<b>West Euston Partnership</b>	Thu	13:00	15:00	16/01/2020	26/03/2020	

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## Keep safe online

Unsure about shopping online? Unsure how safe social network sites are? All you need to know to keep yourself and your family safe online. You need to be able to do a basic internet search.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Training Link</b>	Wed	10:00	12:00	26/02/2020	25/03/2020	

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## Learn more about using the computer

Learn how to manage your email account, keep safe online, bank and shop online. Use Google docs. You need to be able to do an internet search.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Abbey Community Centre</b>	Thu	14:00	16:00	16/01/2020	26/03/2020	

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## NOCN Level 1 Award in IT ITQ: get a qualification in MS Word and Excel

This course will give you all the skills you need to pass an L1Word & Excel units of ITQ. You must attend 2 sessions a week. You need to have basic Word skills.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Kilburn Library</b>	Tue	10:15	12:15	14/01/2020	11/02/2020	
<b>Kilburn Library</b>	Tue	13:00	15:00	14/01/2020	24/03/2020	

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## Photoshop Elements for beginners

Learn how to manipulate photos and create art work and cards. You need to be able to save and retrieve files.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Thu	16:00	18:00	16/01/2020	26/03/2020	

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## Prepare for the Driving Theory test

Learn the English and computer skills necessary to take the Theory Driving Test. Learn the Highway Code. You need to be able to use the mouse and keyboard. For people with Entry level ESOL.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Kilburn Library</b>	Thu	13:00	15:00	16/01/2020	26/03/2020	

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## Sell online, promote your business

Create a website using WordPress, explore Etsy, E-bay , Facebook and more. Workshop based so come any week and learn what you need. You need to be able to have an active email address.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Pancras Square Library</b>	Mon	17:00	19:00	13/01/2020	23/03/2020	

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## Set up an email account

To do most things online you need an email address - to set up a Camden account, to shop, to bank, to register for benefits, apply for jobs ... You need to be able to do a simple internet search.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Kentish Town Library</b>	Thu	13:00	15:00	25/02/2019	25/03/2020	

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## Spreadsheets for beginners

Learn spreadsheets with Excel from the beginning. Calculate with confidence. Budget with boldness. You need to be able to use the mouse, keyboard but no Spreadsheet experience is necessary.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Sidings Community Centre</b>	Wed	13:00	15:00	15/01/2020	25/03/2020	

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## Use Google Apps including email

Google does much more than internet searches. Set up an email account and use Google drive and docs for online computing, maps, translate, YouTube and more.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Fri	13:00	15:00	17/01/2020	27/03/2020	

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## Word processing for beginners

Learn the basics of word processing: Typing, correcting, selecting and formatting text, spell check save and print documents. You need to be able to use the mouse, keyboard but no word processing experience is necessary.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Sidings Community Centre</b>	Wed	10:00	12:00	15/01/2020	25/03/2020	

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## Wordprocessing for beginners

Learn to wordprocess to write professional looking documents. You need to be able to use the mouse and keyboard.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Training Link</b>	Wed	13:00	15:00	15/01/2020	25/03/2020	

# English

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## Computing with ESOL E2 and above

Become more confident on the computer and learn English at the same time. Search the internet, save and find files, know how to keep safe online and more. You need to be able to do a simple internet search and have E2 or above English.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Richard Cobden Learning Centre	Wed	13:00	15:00	15/01/2020	25/03/2020	Crèche

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## English with computers

Improve your English whilst learning basic IT skills with these drop-in sessions. Use online lessons and tools to improve your English.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
SHELL	Thu	10:00	12:00	16/01/2020	26/03/2020	

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## ESOL E1

English for beginners. Improve your confidence and all your English skills. Make friends, visit new places and enjoy your community.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Kilburn Library	Wed	10:00	12:00	29/01/2020	25/03/2020	

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## ESOL Entry 1 and 2 Reading skills for work and fun

Improve your reading skills for work and fun. Visit a library, support your children, improve your confidence.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Richard Cobden Learning Centre	Mon	13:00	15:00	13/01/2020	23/03/2020	

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## ESOL Entry 1 English for every day reading, writing, speaking and listening

English for beginners. Improve your confidence and all your English skills. Make friends, visit new places and enjoy your community. Entry 1 and beginner learners

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Adult Learning Centre, Netley Campus	Tue	13:00	15:00	14/01/2020	24/03/2020	
Maiden Lane Community Centre	Mon	10:00	12:00	13/01/2020	23/03/2020	Crèche
Richard Cobden Learning Centre	Mon	09:30	11:30	13/01/2020	23/03/2020	Crèche
Richard Cobden Learning Centre	Tue	09:30	11:30	14/01/2020	24/03/2020	Crèche

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## ESOL Entry 1 English for Everyday Skills: Speaking, listening, reading and writing.

English for beginners. Improve your confidence and all your English skills. Make friends, visit new places and enjoy your community.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Queen's Crescent Library	Tue	13:00	15:00	14/01/2020	24/03/2020	
Third Age Project	Mon	10:00	12:00	13/01/2020	23/03/2020	Over 50

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## ESOL Entry 1 English for Everyday Skills: Speaking, listening, reading and writing (Women only)

English for beginners. Improve your confidence and all your English skills. Make friends, visit new places and enjoy your community. Women only.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Chadswell Healthy Living Centre	Thu	10:00	12:00	16/01/2020	26/03/2020	

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## ESOL Entry 2 English for every day reading, writing, speaking and listening

You will improve your reading, writing, speaking and listening skills for work and fun. You will make friends, improve your confidence and have the chance to get a qualification. Entry 2 learners.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Wed	10:00	12:00	15/01/2020	25/03/2020	
<b>Kilburn Library</b>	Wed	13:00	15:00	15/01/2020	25/03/2020	
<b>Richard Cobden Learning Centre</b>	Mon	13:00	15:00	13/01/2020	23/03/2020	Crèche
<b>Richard Cobden Learning Centre</b>	Thu	09:30	11:30	16/01/2020	26/03/2020	
<b>Richard Cobden Learning Centre</b>	Thu	13:00	15:00	16/01/2020	26/03/2020	
<b>SHELL</b>	Tue	10:00	12:00	14/01/2020	24/03/2020	
<b>Sidings Community Centre</b>	Fri	10:00	14:00	17/01/2020	27/03/2020	

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## ESOL for work Entry 2

Improve the English reading, writing and speaking skills that you need for work. Practice interviews, build your confidence. You will have the chance to get a qualification. Entry 2 learners who want to improve their confidence, or who are looking for work and would like to get a qualification.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Mon	13:00	15:00	13/01/2020	23/03/2020	
<b>Richard Cobden Learning Centre</b>	Wed	09:30	11:30	15/01/2020	25/03/2020	

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## Spelling Entry 2

Learn why English spelling can be so difficult. Learn different rules and strategies to remember problem words. Entry 2 learners.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Adult Learning Centre, Netley Campus</b>	Thu	13:00	15:00	16/01/2020	26/03/2020	Crèche

# Family learning

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## Childcare - accredited

For anyone interested in working with children. Learn about how children learn through play, while developing skills to support employment in childcare. This course is accredited and you will need to have ESOL at High E2, E3 or above. You will cover two units, play and employability.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Richard Cobden Learning Centre</b>	Wed	09:30	11:30	22/01/2020	25/03/2020	Crèche

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## Helping your child with English and maths Key Stage1

For parents/carers of a child in Year 1 or Year 2 at primary school. Learn how to support your child with maths and English through fun activities. Make and take home resources to use with your child to support learning.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Richard Cobden Learning Centre</b>	Thu	09:30	11:30	22/01/2020	26/03/2020	Crèche



# Work and Life skills

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## IT skills you need to get work

Learn how to create a CV, write a cover letter, search for and apply online for jobs, bank online and budget using Excel.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Adult Learning Centre, Netley Campus	Thu	10:00	12:00	16/01/2020	26/03/2020	Crèche

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## Maths Skills for Work, with ESOL Entry 2

Learn the Maths and English skills you need for work: e.g. numbers, measurement, calculation. Learn how to solve maths problems and get support with your English.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Richard Cobden Learning Centre	Tue	13:00	15:00	14/01/2020	24/03/2020	

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## Maths with ESOL Entry 1 support

Everyday Maths for Entry 1 learners. Improve your Maths, learn English, know how to help your children. Entry 1 and beginner learners.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Adult Learning Centre, Netley Campus	Wed	13:00	15:00	15/01/2020	25/03/2020	Crèche

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## Preparing for employment

Equip yourself with the skills needed to compete in today's job market. Learn how to write or improve your CV, search and apply for jobs online, practise your interview skills and much more.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
SHELL	Mon	10:00	12:00	13/01/2020	23/03/2020	
SHELL	Tue	10:00	12:00	14/01/2020	24/03/2020	

# Health and wellbeing

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## Art 60+

This course mixes painting, drawing and mixed media to create self expressive Art works. Suitable for beginners and those wanting to develop their skills.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Swiss Cottage Community Centre	Wed	13:15	15:45	15/01/2020	25/03/2020	Over 50

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## Art 60+ and Carers

This course mixes Painting, Drawing and Mixed Media to create self expressive Art works. Suitable for beginners and those wanting to develop their skills.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Kingsgate Community Centre	Tue	09:40	12:10	14/01/2020	24/03/2020	Over 50
Third Age Project	Tue	14:00	16:30	14/01/2020	24/03/2020	Over 50

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## Clothesmaking

Make lovely clothes for yourself or others. Learn how to use a sewing machine, choose fabrics and designs, take measurements and use paper patterns. Suitable for beginners as well as those with some previous experience in sewing.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Abbey Community Centre	Wed	13:00	15:00	15/01/2020	25/03/2020	
Kingsgate Community Centre	Fri	10:00	12:00	17/01/2020	27/03/2020	
West Hampstead Women's Centre	Mon	10:00	12:00	13/01/2020	23/03/2020	Women

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## Craft for 60+, women with disabilities and Carers

Learn the Craft techniques of Macramé and Quilting to make personal items of jewellery and for the home. Suitable for beginners and those wanting to develop their skills.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>West Hampstead Women's Centre</b>	Wed	10:00	12:30	15/01/2020	25/03/2020	Women

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## Cushion Making

Make cushions in different styles. Learn how to use a sewing machine, choose fabrics and designs and use paper patterns. Suitable for beginners as well as those with some previous experience in sewing.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>West Hampstead Women's Centre</b>	Fri	13:00	15:00	17/01/2020	27/03/2020	Women

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## Drama & Movement

Develop the confidence to perform in front of others through voice work, improvisation, mime and script work. Suitable for beginners as well as those with some previous experience.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Abbey Community Centre</b>	Mon	15:30	17:30	13/01/2020	23/03/2020	

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## Fabric Decoration & Design

Learn decorative textile techniques : silk painting, transfer printing and appliqué. Then design your own fabrics to make beautiful and original fabrics for cushion covers, cards, scarves and more. Suitable for beginners and those wanting to develop their skills.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Great Croft Resource Centre</b>	Thu	09:45	12:15	16/01/2020	13/02/2020	Over 50

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## Healthy eating

Learn to cook and eat healthy lunches by reducing sugar, salt and fat. Learn to follow a healthy and balanced diet.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
SHELL	Mon	13:00	15:00	14/01/2020	24/03/2020	

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## Men's Cookery & Healthy Eating

Healthy eating and cooking on a budget. Part of Man Friday club at TAP. Suitable for beginners as well as those with previous experience.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
Third Age Project	Fri	11:00	14:00	24/01/2020	27/03/2020	Men

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## Painting and Drawing

This class covers many aspects of painting and drawing, the focus in the spring term is brush techniques and colour mixing. Suitable for beginners and those wanting to develop their skills.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
London Irish Centre	Mon	14:30	17:00	13/01/2020	23/03/2020	

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## Relaxation and Mindfulness

Learn techniques to relax the body and mind, to relieve tension and stress. Suitable for beginners as well as those with some previous experience.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
London Irish Centre	Tue	10:30	12:00	14/01/2020	24/03/2020	

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## Sewing Make and Mend

Learn machine & hand embroidery techniques by working on appliqué projects set by the tutor or develop your own ideas to make, mend or alter, copy or pattern cut, items of your choice. Suitable for all, beginners and those wanting to develop their skills,

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Sidings Community Centre</b>	Mon	10:00	12:30	13/01/2020	23/03/2020	

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## Tai Chi

This is a course for beginners in Yang-style Tai Chi. You can hope to learn movements to develop your body and mind co-ordination, self-awareness and relaxation. Suitable for beginners as well as those with some previous experience.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
<b>Camden Chinese Community Centre</b>	Tue	10:45	12:00	14/01/2020	24/03/2020	
<b>Conway House</b>	Thu	12:30	14:00	16/01/2020	26/03/2020	
<b>SHELL</b>	Tue	13:00	14:30	14/01/2020	24/03/2020	
<b>Third Age Project</b>	Thu	10:00	11:30	16/01/2020	26/03/2020	

# List of Courses by Venue

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## Abbey Community Centre

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Drama & Movement	Mon	15:30	17:30	13/01/2020	23/03/2020
Computing for beginners	Tue	10:00	12:00	14/01/2020	24/03/2020
Clothesmaking	Wed	13:00	15:00	15/01/2020	25/03/2020
Learn more about using the computer	Thu	14:00	16:00	16/01/2020	26/03/2020

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## Adult Learning Centre, Netley Campus

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
ESOL for work Entry 2	Mon	13:00	15:00	13/01/2020	23/03/2020
Creative things to do with your photos	Tue	10:00	12:00	14/01/2020	24/03/2020
Computer skills workshop	Tue	13:00	15:00	14/01/2020	24/03/2020
ESOL Entry 1 English for every day reading, writing, speaking and listening	Tue	13:00	15:00	14/01/2020	24/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Wed	10:00	12:00	15/01/2020	25/03/2020
Maths with ESOL Entry 1 support	Wed	13:00	15:00	15/01/2020	25/03/2020
IT skills you need to get work	Thu	10:00	12:00	16/01/2020	26/03/2020
Spelling Entry 2	Thu	13:00	15:00	16/01/2020	26/03/2020
Photoshop Elements for beginners	Thu	16:00	18:00	16/01/2020	26/03/2020
Use Google Apps including email	Fri	13:00	15:00	17/01/2020	27/03/2020

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## Camden Chinese Community Centre

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Tai Chi	Tue	10:45	12:00	14/01/2020	24/03/2020

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## Chadswell Healthy Living Centre

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
ESOL Entry 1 English for Everyday Skills: Speaking, listening, reading and writing	Thu	10:00	12:00	16/01/2020	26/03/2020

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## Conway House

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Computer skills workshop	Tue	13:15	15:15	14/01/2020	24/03/2020
Do more on your iPad or iPhone	Tue	16:00	18:00	14/01/2020	24/03/2020
Tai Chi	Thu	12:30	14:00	16/01/2020	26/03/2020

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## Great Croft Resource Centre

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Fabric Decoration & Design	Thu	09:45	12:15	16/01/2020	13/02/2020

<b>Greenwood Centre</b>					
Computer skills workshop	Wed	From 10:00	To 12:00	From	To 25/03/2020
<b>Hopscotch</b>					
Computer skills workshop	Fri	From 10:00	To 12:00	From 17/01/2020	To 27/03/2020
<b>JobCentrePlus, Kentish Town</b>					
Computer skills for Universal Credit	Mon	From 10:00	To 12:00	From 13/01/2020	To 23/03/2020
Computer skills for Universal Credit	Wed	From 14:00	To 16:00	From 15/01/2020	To 25/03/2020
<b>Kentish Town Library</b>					
Computer skills workshop	Mon	From 13:00	To 15:00	From 25/02/2019	To 23/03/2020
Set up an email account	Thu	From 13:00	To 15:00	From 25/02/2019	To 25/03/2020
<b>Kilburn Library</b>					
NOCN Level 1 Award in IT ITQ: get a qualification in MS Word and Excel	Tue	From 10:15	To 12:15	From 14/01/2020	To 11/02/2020
NOCN Level 1 Award in IT ITQ: get a qualification in MS Word and Excel	Tue	From 13:00	To 15:00	From 14/01/2020	To 24/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Wed	From 13:00	To 15:00	From 15/01/2020	To 25/03/2020
ESOL E1	Wed	From 10:00	To 12:00	From 29/01/2020	To 25/03/2020
Create animations using Scratch	Thu	From 10:15	To 12:15	From 16/01/2020	To 26/03/2020
Prepare for the Driving Theory test	Thu	From 13:00	To 15:00	From 16/01/2020	To 26/03/2020
<b>Kingsgate Community Centre</b>					
Art 60+ and Carers	Tue	From 09:40	To 12:10	From 14/01/2020	To 24/03/2020
Clothesmaking	Fri	From 10:00	To 12:00	From 17/01/2020	To 27/03/2020
<b>London Irish Centre</b>					
Painting and Drawing	Mon	From 14:30	To 17:00	From 13/01/2020	To 23/03/2020
Relaxation and Mindfulness	Tue	From 10:30	To 12:00	From 14/01/2020	To 24/03/2020
<b>Maiden Lane Community Centre</b>					
ESOL Entry 1 English for every day reading, writing, speaking and listening	Mon	From 10:00	To 12:00	From 13/01/2020	To 23/03/2020

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## Pancras Square Library

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Gadget Clinic	Mon	13:00	15:00	13/01/2020	10/02/2020
Sell online, promote your business	Mon	17:00	19:00	13/01/2020	23/03/2020

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## Queen's Crescent Library

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
ESOL Entry 1 English for Everyday Skills: Speaking, listening, reading and writin	Tue	13:00	15:00	14/01/2020	24/03/2020
Computer skills workshop	Wed	11:00	13:00	15/01/2019	25/03/2020
Gadget Clinic	Wed	13:30	15:30	15/01/2020	25/03/2020

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## Richard Cobden Learning Centre

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
ESOL Entry 1 English for every day reading, writing, speaking and listening	Mon	09:30	11:30	13/01/2020	23/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Mon	13:00	15:00	13/01/2020	23/03/2020
ESOL Entry 1 and 2 Reading skills for work and fun	Mon	13:00	15:00	13/01/2020	23/03/2020
ESOL Entry 1 English for every day reading, writing, speaking and listening	Tue	09:30	11:30	14/01/2020	24/03/2020
Maths Skills for Work, with ESOL Entry 2	Tue	13:00	15:00	14/01/2020	24/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Thu	09:30	11:30	16/01/2020	26/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Thu	13:00	15:00	16/01/2020	26/03/2020
ESOL for work Entry 2	Wed	09:30	11:30	15/01/2020	25/03/2020
Computing with ESOL E2 and above	Wed	13:00	15:00	15/01/2020	25/03/2020
Childcare - accredited	Wed	09:30	11:30	22/01/2020	25/03/2020
Helping your child with English and maths Key Stage1	Thu	09:30	11:30	22/01/2020	26/03/2020
Create animations using Scratch	Fri	10:00	12:00	17/01/2020	27/03/2020
Do more on your tablet or smartphone	Fri	13:00	15:00	17/01/2020	27/03/2020



<b>SHELL</b>					
		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Preparing for employment	Mon	10:00	12:00	13/01/2020	23/03/2020
Preparing for employment	Tue	10:00	12:00	14/01/2020	24/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Tue	10:00	12:00	14/01/2020	24/03/2020
Healthy eating	Mon	13:00	15:00	14/01/2020	24/03/2020
Tai Chi	Tue	13:00	14:30	14/01/2020	24/03/2020
Computer skills workshop	Wed	10:00	12:00	15/01/2020	25/03/2020
English with computers	Thu	10:00	12:00	16/01/2020	26/03/2020
Computer skills workshop	Fri	10:00	12:00	17/01/2020	27/03/2020
<b>Sidings Community Centre</b>					
		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Sewing Make and Mend	Mon	10:00	12:30	13/01/2020	23/03/2020
Computer skills workshop	Tue	19:00	21:00	14/01/2020	24/03/2020
Word processing for beginners	Wed	10:00	12:00	15/01/2020	25/03/2020
Spreadsheets for beginners	Wed	13:00	15:00	15/01/2020	25/03/2020
Computer skills workshop	Thu	10:00	12:00	16/01/2020	26/03/2020
Computer skills workshop	Thu	13:00	15:00	16/01/2020	26/03/2020
ESOL Entry 2 English for every day reading, writing, speaking and listening	Fri	10:00	14:00	17/01/2020	27/03/2020
Computer skills workshop	Fri	10:00	12:00	17/01/2020	27/03/2020
<b>Swiss Cottage Community Centre</b>					
		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Art 60+	Wed	13:15	15:45	15/01/2020	25/03/2020
<b>Third Age Project</b>					
		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
ESOL Entry 1 English for Everyday Skills: Speaking, listening, reading and writing	Mon	10:00	12:00	13/01/2020	23/03/2020
Art 60+ and Carers	Tue	14:00	16:30	14/01/2020	24/03/2020
Tai Chi	Thu	10:00	11:30	16/01/2020	26/03/2020
Men's Cookery & Healthy Eating	Fri	11:00	14:00	24/01/2020	27/03/2020

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## Training Link

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Get to know the keyboard and practise typing	Wed	10:00	12:00	15/01/2020	12/02/2020
Wordprocessing for beginners	Wed	13:00	15:00	15/01/2020	25/03/2020
Create a website using WIX	Wed	16:00	18:00	15/01/2020	25/03/2020
Keep safe online	Wed	10:00	12:00	26/02/2020	25/03/2020

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## West Euston Partnership

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Improve your Office skills for work	Thu	10:00	12:00	16/01/2020	26/03/2020
Improve your Office skills for work	Thu	13:00	15:00	16/01/2020	26/03/2020

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## West Hampstead Women's Centre

		<b>From</b>	<b>To</b>	<b>From</b>	<b>To</b>
Clothesmaking	Mon	10:00	12:00	13/01/2020	23/03/2020
Craft for 60+, women with disabilities and Carers	Wed	10:00	12:30	15/01/2020	25/03/2020
Cushion Making	Fri	13:00	15:00	17/01/2020	27/03/2020

# List of Learning Centres

Name	Address	Postal Code	Phone
<b>Abbey Community Centre</b>	222c Belsize Road	NW6 4DJ	020 7624 8378
<b>Adult Learning Centre, Netley Campus</b>	74 Stanhope Street	NW1 3EX	020 7974 2148
<b>Camden Chinese Community Centre</b>	Jubilee House, 9 Tavistock Place	WC1H 9SN	020 7388 8883
<b>Chadswell Healthy Living Centre</b>	Lower Ground Floor, Chadswell, Harrison	WC1H 8JE	020 7713 5545
<b>Conway House</b>	18-22 Quex Road	NW6 4PL	020 7372 6633
<b>Greenwood Centre</b>	37 Greenwood Place, Kentish Town	NW5 1LB	020 7485 5783
<b>Hopscotch</b>	50-52, Hampstead Road	NW1 2PY	020 7388 8198
<b>JobCentrePlus, Kentish Town</b>	178 Kentish Town Road	NW5 2AG	020 7974 2148
<b>Kilburn Library</b>	12-22 Kilburn High Road	NW6 5UH	020 7974 4001
<b>Kingsgate Community Centre</b>	107 Kingsgate Road	NW6 2JH	020 7328 9480
<b>London Irish Centre</b>	50-52 Camden Square	NW1 9XB	020 7916 2222
<b>Maiden Lane Community Centre</b>	156 St Paul's Crescent	NW1 9XZ	020 7267 9586
<b>Mount Pleasant Hostel</b>	52 – 54 Mount Pleasant	WC1X 0AL	0207 974 8871
<b>Pancras Square Library</b>	5 Pancras Square	N1C 4AG	020 7974 4001
<b>Queen's Crescent Library</b>	165 Queen's Crescent	NW5 4HH	020 7974 4001
<b>Richard Cobden Learning Centre</b>	Camden Street	NW1 0LJ	020 7974 2148
<b>SHELL</b>	Linnell House, Ainsworth Way	NW8 0HS	020 7372 7021
<b>Sidings Community Centre</b>	150 Brassey Road	NW6 2BA	020 7625 6260
<b>St Mungo's Endell Street Hostel</b>	83 Endell Street	WC2H 9DN	020 7831 1804
<b>Swiss Cottage Community Centre</b>	19 Winchester Road	NW3 3NR	020 7586 5272
<b>Third Age Project</b>	Cumberland Market, Regent's Park, Londo	NW1 3RH	020 7383 4922
<b>Training Link</b>	54-56 Phoenix Road	NW1 1ES	020 7383 5405
<b>West Euston Partnership</b>	29-31 Hampstead Road, Regent's Place	NW1 3JA	020 7388 7932
<b>West Hampstead Women's Centre</b>	26-30 Cotleigh Rd,	NW6 2NP	020 7328 7389