

## Kentish Town West Children's Centre Weekly Programme and Activity Timetable

### Summer - 22<sup>nd</sup> July to 30<sup>th</sup> August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Postnatal appointment only Call 020 7794 0500 ext 36169 for more information 9am-3:30pm Harmood Children's Centre</p>	<p><b>Baby play</b> (drop-in for under 1s) 10am-12pm Harmood Children's Centre</p>	<p><b>Fun for all</b> (drop-in for under 5s) 9:30-11:30am Harmood Children's Centre</p>	<p><b>Midwifery</b> Antenatal appointment only (antenatal workshop AM) Call 020 7794 0500 ext 36169 for more information 9am-12pm Harmood Children's Centre</p>	<p>Antenatal appointment only Call 020 7794 0500 ext 36169 for more information 9am-3:30pm Harmood Children's Centre</p>
<p><b>Baby feeding drop-in</b> 10am-12pm Harmood Children's Centre</p>	<p><b>Toddler time</b> (drop-in for under 2s) 1:30-3:30pm Harmood Children's Centre</p>	<p><b>Health visitor review clinic</b> Appointment only Call 020 3317 3800 for more information 1-4pm Harmood Children's Centre</p>	<p><b>Toddler time</b> (drop-in for under 2s) 10am-12pm Harmood Children's Centre</p>	<p><b>Fun for all</b> (drop-in for under 5s) 10am-12pm Harmood Children's Centre</p>
<p><b>Baby play</b> (drop-in for under 1s) 10am-12pm Harmood Children's Centre</p>	<p><b>Young parents together</b> (for parents under 25 drop-in) 1-3pm Harmood Children's Centre</p>		<p><b>Child and Baby Health Hub</b> (walk in clinic) 9:30-11:30am Gospel Oak Health Centre</p>	<p><b>Child and Baby Health Hub</b> (walk in clinic) 11.30-1:30pm Gospel Oak Health Centre</p>
<p><b>Fun for all</b> (drop-in for under 5s) 1:30-3:30pm Harmood Children's Centre</p>				
<p><b>Healthy eating sessions</b> 2nd &amp; 3rd Monday of the month Call 020 7974 6736 for more information 1-3pm Harmood Children's Centre</p>				

If you would like more information please contact Harmood Children's Centre on **020 7974 8961**