

Health and wellbeing

Healthy eating

Learn to cook and eat healthy lunches by reducing sugar, salt and fat. Learn to follow a healthy and balanced diet.

<i>Venue</i>	<i>Day</i>	<i>From</i>	<i>To</i>	<i>From</i>	<i>To</i>	<i>Additional info</i>
SHELL	Mon	13:00	15:00	14/01/2020	24/03/2020	