

Camden Sure Start King's Cross & Holborn: 020 7974 7024



☆ Children's centre

- 1a Children's Centre**
Stay & Play drop-ins
Early education and childcare
Employment & free benefits advice
Family Support Team
Midwifery and Health Visiting services

1a Rosebery Avenue
London EC1R 4SR
020 7974 7024

◇ Childcare options

- Thomas Coram Centre**
49 Mecklenburgh Square
London WC1N 2NY
020 7520 0385

If you would like to discuss childcare options in Camden or think you may qualify for a free 2 year place, please contact Camden Family Information Service on **020 7974 1679** option 2

□ Other stay and play drop-in venues

- Argyle Primary School**
Tonbridge Street
London WC1H 9EG
020 7837 4590
- Bedford House Community Centre**
35 Emerald Street
London WC1N 3QW
020 7405 2370

- Calthorpe Project**
258-274 Gray's Inn Road
London WC1X 8LH
020 7837 8019

- Coram's Fields**
93 Guilford Street
London WC1N 1DN
020 7837 6138

- Coram Parents Centre**
Collingham Gardens Studio
41 Brunswick Square
London WC1N 1AZ
020 7520 0310
www.coram.org.uk/contact-us

△ Libraries

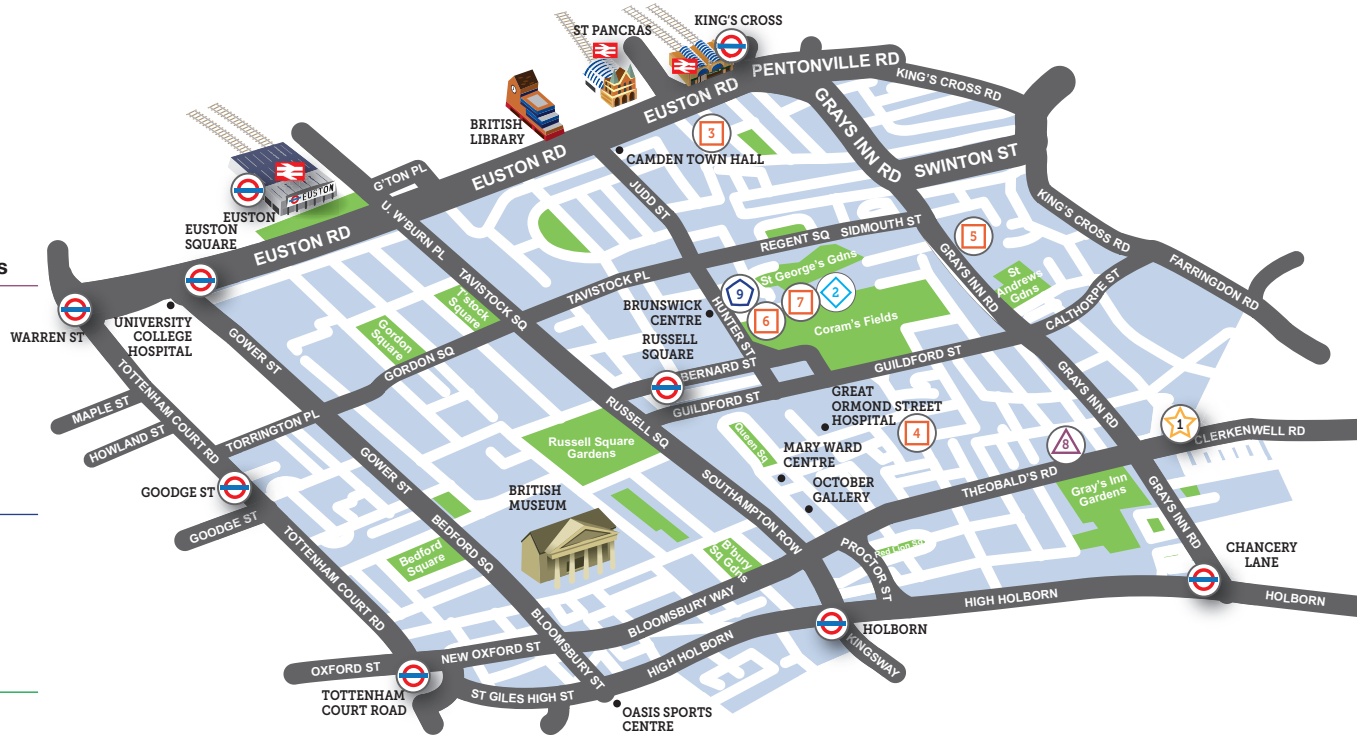
- Holborn Library**
Including Rhyme Time sessions for children under 5
32-38 Theobalds Road
London WC1X 8PA
020 7974 4001

⬠ Health centres

- Hunter Street Health Centre**
8 Hunter Street
London WC1N 1BN
020 3317 2345

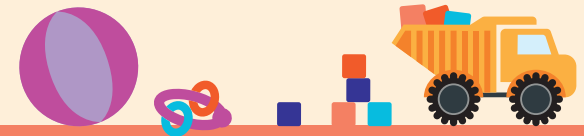
Primary schools

For information on how to apply for a nursery or primary school place, please contact primary admissions on **020 7974 1625**



Your journey. Our support.

Camden Sure Start provides a complete range of services to offer support from pregnancy, during your child's first months until they reach the age of 5 years. We can help – come and talk to us.



Find out more:

camden.gov.uk/camdensurestart

King's Cross and Holborn Sure Start Weekly Programme and Activity Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Baby play (drop-in for under 1s) 1 – 3pm 1a Children's Centre</p>	<p>Toddler time (drop-in for under 2s) 9:30 – 11:30am 1a Children's Centre</p>	<p>Midwifery Antenatal appointment only Call 020 3447 9567 for more information 9am - 1pm 1a Children's Centre</p>	<p>Healthy eating sessions Starting Solids 2nd Thursday of every month Call 020 7974 6736 to book 10 – 11:30am Thomas Coram Centre</p>	<p>Fun for all (drop-in for under 5s) 10am – 12pm 1a Children's Centre</p>
		<p>Stay and play drop-in For parents/carers of deaf children (siblings welcome) 10am – 12pm Frank Barnes School for Deaf Children, N1C 3BT</p>	<p>Baby play (drop-in for under 1s) 10am – 12pm 1a Children's Centre</p>	
		<p>Rhyme time (term-time only) 10.30 – 11am Holborn Library</p>	<p>Healthy eating sessions Starting Solids Next Steps 4th Thursday of the month Call 020 7974 6736 to book 1 - 3pm 1a Children's Centre</p>	
		<p>Fun for all (drop-in for under 5s) 1 – 3pm 1a Children's Centre</p>		

Bump to Baby Group: 5 week antenatal course. An opportunity to meet other parents, prepare for the birth of your baby and becoming a parent.

Baby Massage: 4 week course (babies 6 weeks - 6 months). Referral only via, your local children's centre.

Terrific Talkers: Fun activities and top tips to encourage your child's early language development (0-18 months).

- Sing songs and rhymes • Enjoy messy play and painting • Explore treasure basket play • Play musical games

If you are first time parent or would benefit from some extra time playing with your child, come along.

To book a place, contact your local children's centre.

If you are a first time parent you can also book online via camden.gov.uk/camdensurestart

If you would like more information please contact 1a Children's Centre on **020 7974 7024**



Stay and play drop-ins and other activities for you and your child to enjoy together



Advice and play activities to support your child's speech and language



Early education and childcare and childminders



One-to-one support if you are feeling low, anxious or stressed by family life



Family support team — if you need extra help



Help to find training and employment and benefits advice



Midwifery and health visiting



Information and support about breastfeeding, baby feeding and healthy eating



Local services for children with special educational needs and/or disabilities, visit localoffer.camden.gov.uk